

How to be a Successful Online Student

LA Mission College STEM Office

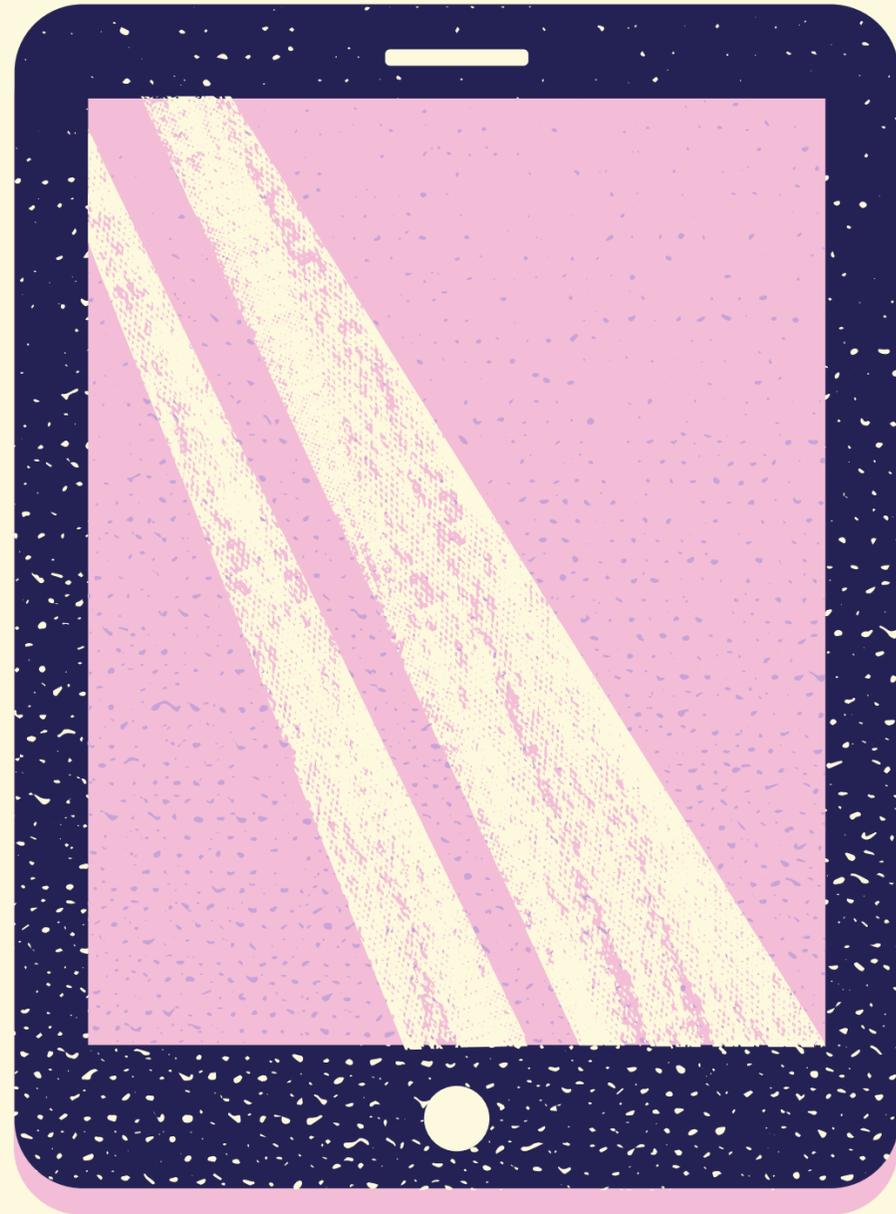
Online Learning

What is online learning?

- Online learning is the practice of learning material/subjects strictly via an online platform

Although it is non-traditional to standard in-person learning, 64.2% of traditional colleges offer online degree programs and 32% of all college students have taken at least one college course





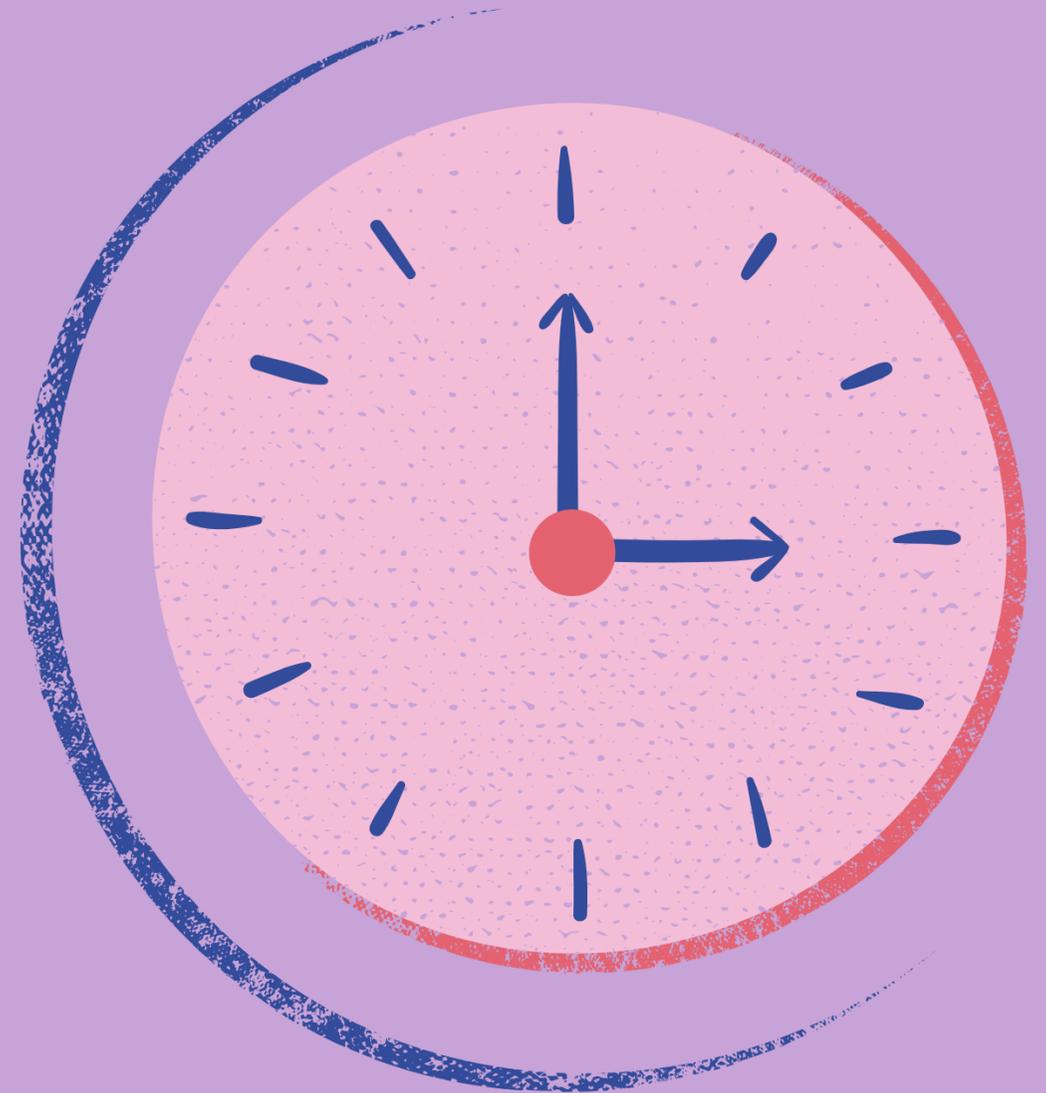
Common online student struggles

The two most common issues that online students struggle with are:

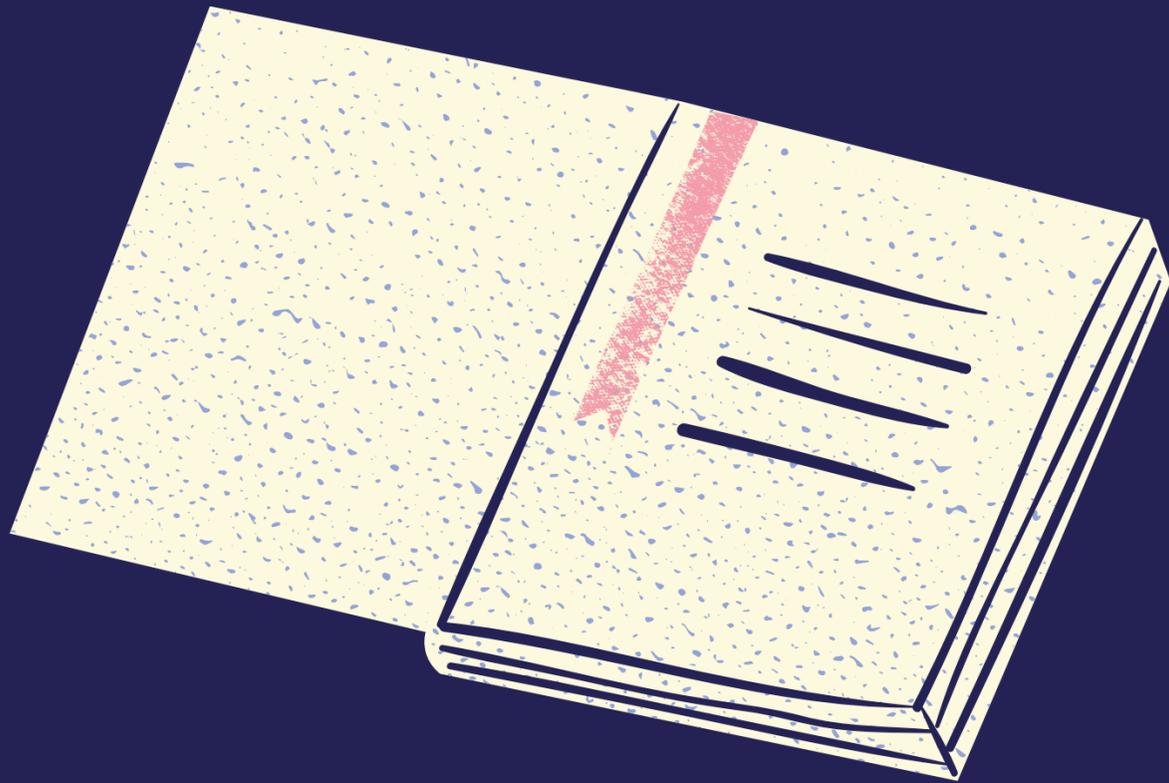
- Motivation
- Organization

Set Goals

- Create short term and long term goals for your time during an online class
- Short term goals include small, attainable goals for each class meeting
 - Ex: Stay off your phone for the entire class duration
- Long term goals include a larger goal that you are trying to obtain
 - Ex: Receiving a specific letter grade in the class, exam, assignment, etc



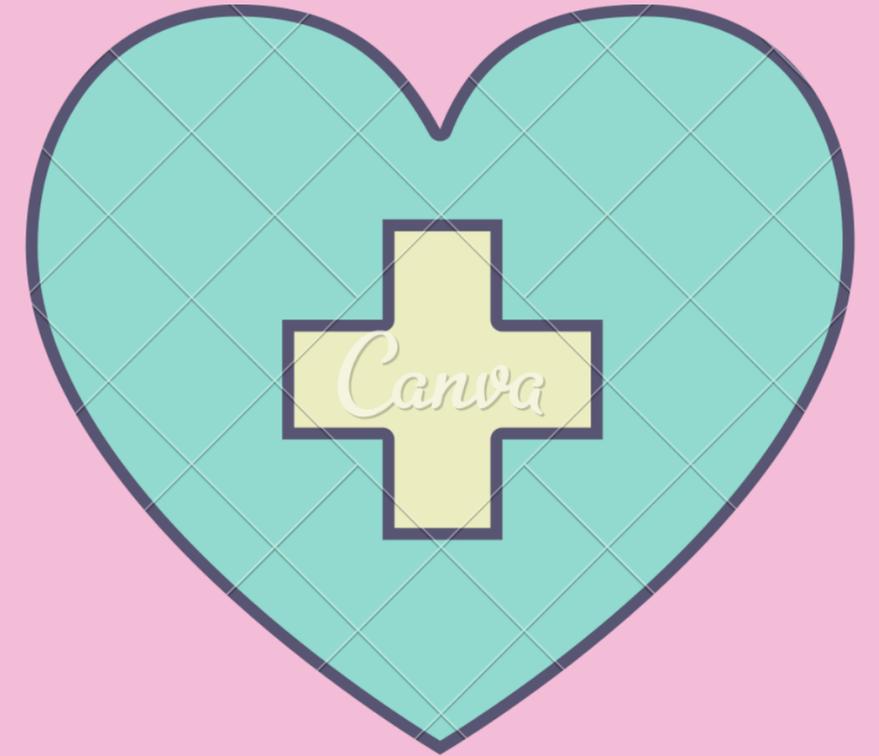
Create a schedule/agenda



- Plan out your days according to what works best for you
 - Do you need to create a schedule daily? Or do you prefer to map out the entire week all at once?
- Creating a schedule or agenda helps make goals clearer and easier to obtain
 - Teaches you how and what to prioritize
- Can help with feeling less overwhelmed and stressed!

Still feeling unmotivated?

- Take some time or a day off to recollect and gather your thoughts - self-care
 - What does self-care look like to you?
Is it sleeping in? Walking your dog?
- Once your thoughts and feelings are in order you'll be able to function better
- Reward yourself
 - Remember those goals we set?



Ask for



- Asking for help can be awkward and intimidating, however very important
- Asking for and receiving help:
 - Builds a sense of connection
 - Helps you develop networking skills
 - Teaches you how to advocate for yourself
 - Normalizes the idea that receiving help is okay
- Professors, counselors, and staff want to help students, but it takes both parties to participate and engage

How to ask for help and what to say



- Email
- Office hours
- Zoom meeting
- Phone call

Introduce yourself, state the class and section you're in and what your concern or issue is

Use your resources

Reach out to your professors, colleagues, and classmates – most of the time they need insight from you just as much as you need it from them

Use YouTube videos to study. Online learning can be difficult and overwhelming but YouTube has videos on almost everything

Find the PDF version of your books. Waiting for books to deliver can be time consuming, find the electronic version of it if possible – plus they're cheaper!

Create a Zoom study session with your classmates or friends. Being able to work together creates the sense of connection and community that you would normally feel in person



Questions or concerns?

Contact me at:

garciaa28@laccd.edu (LAMC Career Center)

or

aggarcia@usc.edu (USC/school email)

**Thank you and good
luck!**