



CEDARS-SINAI®

VOLUNTEER SERVICES

Pre-Healthcare Volunteer Program Description and Guidelines

Under the guidance of leadership-level mentors, selected undergraduate students intending on a career in healthcare participate in this pre-healthcare volunteer program, which provides them with the meaningful experience of direct observation of and teaching by physicians, nurses, physician assistants, and healthcare administrators. The students shadow their mentors in a variety of environments, which may include observing patient care in clinic, in inpatient settings, and the operating room, as well as the opportunity to attend meetings held by executive leadership, grand rounds and lectures.

Program Schedule: There are three rotations per year, each ten weeks in length. Accepted students are expected to complete one full rotation, after which they may apply to do a second rotation. The rotations are offered at the following times of the year:

- Early February through mid-April
- Early June through mid-August
- Mid-September through November

The start of the application and onboarding process begins approximately two months prior to the actual rotation.

Applicant Requirements:

- Minimum age: 18 years old
- Minimum freshman undergraduate standing
- Minimum 3.5 cumulative Grade Point Average
- Declared or intended healthcare academic track
- Commitment to completion of all onboarding requirements
 - Written application packet, resume/CV, current college transcripts, two letters of recommendation, and a personal statement of minimum 1,000 words stating aspirations and interest in pursuing healthcare and expectations with regard to this program. Applications must be received prior to the application-period deadline in order to be considered.

- Interview with the Program Advisor
- Completion of Volunteer Orientation session
- Health clearance issued by Cedars-Sinai
- OR tour, if applicable
- Agreement to and compliance with all relevant Cedars-Sinai policies, procedures, and guidelines
- Commitment to completion of the full ten-week rotation, one day per week, Monday through Friday only, including actively participating in discussions with the mentor, writing a weekly journal about each week's experiences, and the completion of any assigned homework during the rotation.

Mentor Requirements:

- Employee of Cedars-Sinai
- Statement of learning objectives for students
- Completion of Department Request Form for each student, with signatures of chairs/directors of departments involved in that student's rotation