

Center for Wellness Resources

STUDENT SUCCESS CENTER



Contact Info

818-833-3599

centerforwellness@lamission.edu



EMPLOYMENT

Northeast San Fernando Valley WorkSource Center

12502 Van Nuys Blvd.

Pacoima, CA 91331

(818) 482-1754

ewddlacity.com

Services: Basic skills training, job placement services, job search workshops, resume & interviewing building, career guidance and program placement assistance.

Additional Information: Orientations take place on Mons at 9:30am & Thurs at 1:30pm. Please bring two forms of identification card along with Social Security Number.

Chrysalis

13545 Van Nuys Blvd., Ste. 1

Pacoima, CA 91331

(818) 794-4200

<https://www.changelives.org/about-us/our-services/>

Services: One-On-One support from an employment specialist, job search tool kit & employment preparation classes, tips on addressing convictions with employers, resume writing services & practice interviews, online job application assistance, computer lab & telephone access, professional attire & hygiene items, transitional employment opportunities, and referrals to community partners.

Additional Information: Must attend an orientation to enroll on Mon-Thurs at 8am.

New Economics for Women

6946 Van Nuys Blvd. #220

Van Nuys, CA 91405

(818) 786-4098

<https://neweconomicsforwomen.org/programs-and-services-2/#skills>

Services: Economic mobility, financial resources, health, housing, family resources, and children's resources/schools.

El Proyecto WorkSource Center

9024 Laurel Canyon Blvd

Sun Valley, CA 91352

(818) 504-0334

elproyecto.us

&

LAMC

Campus Center, Lower Level

Nancy Fuentes

nsifuentes@wscalnetwork.org

Services: Employment workshops

Additional Information: Upcoming workshops will take place Jan 7th & 21st and Feb 4th & 18th at 8am. Please bring an identification card and Social Security Number with you.



MENTAL HEALTH

North Valley Health Corporation Student Health Center

Campus Services Building

(818) 362-6182

Services: General screenings, acute care, reproductive health services, behavioral health counseling, immunizations, Tuberculosis screenings, referrals, and health insurance enrollment.

The National Alliance on Mental Illness San Fernando Valley (NAMI)

14545 Sherman Circle

Van Nuys, CA 91405

(818) 994-6747

<http://www.namisfv.org/>

Services: Family to family classes, peer to peer classes, and support groups.

Additional Information: Support groups take place on the 1st Wednesday of the Month from 7-8:30pm & the 2nd and 4th Wednesday of the Month from 7-8:45pm.

The upcoming monthly speaker event will take place on January 15th at 7pm.

El Centro De Amistad

566 S. Brand Blvd

San Fernando, CA 91340

(818) 898-0223

elcentrodeamistad.com

Services: Mental health services to adults, individuals, family and group therapy, case management, rehabilitation, and medication support, Calworks program, free legal clinic, and MAT program.

Additional Information: Only accepts clients with Medical and they must go in person for an intake and enrollment.

San Fernando Mental Health Community Mental Health Center, Inc.

16360 Roscoe Blvd 2nd Floor

Van Nuys, VA 91406

(818) 901-4830

movinglivesforward.org

Services: Case management, medication support, crisis intervention, individual therapy, and outpatient program.

Additional Information: Accept Medical only, must go in person to conduct an intake and enrollment.

Olive View Urgent Care for Mental Health

14659Olive View Dr.

Sylmar, CA 91342

(818) 485-0888

Services: Crisis intervention, medication support, mental health, and case management.

Additional Information: Can go in as a walk-in on Mon-Fri from 8am-7pm.

Child & Family Center

21525 Centre Pointe Pkwy
Santa Clarita, CA 91350
(661) 259-9439

www.childfamilycenter.org

Services: Individual, family, & group counseling, substance abuse education & treatment, school-based counseling, crisis intervention, intensive in-home care, and domestic violence services.

Additional Information: For mental health services or groups, a phone screening is conducted and an intake appointment is set depending on the urgency of the situation.

Department of Mental Health Access Center

(800) 854- 7771

dmh.lacounty.gov

Services: Crisis evaluation teams, information, referrals, screenings, assessments, and counseling.

FOOD & CLOTHING

LAMC Food Pantry

ASO Conference Room #2
Wednesdays & Fridays from 1-4pm
Services: Food

M.E.N.D Poverty

10641 N. San Fernando Rd.
Pacoima, CA 91331
(818) 686-7334

<https://mendpoverty.org/client-resources>

Services: Food box distribution, satellite food banks, and clothing distribution.

Additional Information: Please bring photo identification along with proof of income and address.

M.E.N.D Service Areas: Arleta, Lake View Terrace, Mission Hills, North Hills, Pacoima, San Fernando, & Sylmar.

Food Box Distribution

Tuesdays from 9-11am

Thursdays from 8am-2pm

Fridays from 8am-2pm

Saturdays from 9am-noon

Clothing Registration Hours

Tuesday-Friday from 8am-1:30pm & Saturday from 9-10am

Sylmar Christian Fellowship Church

13901 Polk St.
Sylmar CA 91342
(818) 364-8955

Services: Food distribution

Additional Information: Helping Hand Food Ministry Giveaway takes place every second Saturday from 8:30-10:30am.

Valley Food Bank

12701 Van Nuys Blvd.
Pacoima, CA 91331
(818) 510-4140

<https://valleyfoodbank.org/>

Services: Food pantry and clothes.

Additional Information: Provide services at different locations and times. This information is located on their website under “Pantry Locations” tab.

Family Rescue Center

22103 Vanowen St.
Canoga Park, CA 91303
(818) 884-7587

Rescatefamilycenter.org

Services: Food distribution, secondhand clothing, holiday food & toy distribution, backpack & school supplies, and medical & vocational training services.

Additional Information: Can ask for Marianna for assistance. Please bring proof of identification card, if not homeless please bring proof of utility bill.

Food Pantry Distribution:

Mon-Friday from 9am-1pm

Clothing Distribution:

Mon-Thurs- 9am-12:30pm, Fri 9am-12pm

North Hollywood Interfaith Food Pantry

4390 Colfax Ave
Studio City, CA
(818) 760-3575

nhifp.org

Services: Nutritious food packages twice a week.

Additional Information: The entrance is located on Troost Side parking lot on Colfax.

Distribution Hours:

Mondays and Fridays from 7am -1pm

Rock of the Valley

7722 Kester Ave
Van Nuys, CA 91405
(818) 781-4156

rockofthevalleycogic.com

Services: Food and occasionally clothing.

Additional Information: Distribution takes place on Tuesdays at 5 pm in the parking lot. Please make sure you sign in. The setting is like a grocery store and it is required for one to bring their own bags.

CalFresh Food Application Assistance

ASO Conference Room #2

Wednesdays & Fridays from 1-4pm

Santa Clarita Valley Food Pantry

24133 Railroad Ave
Santa Clarita, CA 91321
(661) 255-9078

Hours:

Monday: 11am-2pm
Tuesday: 9am-12pm
Wednesday: 2pm-5pm
Thursday: 9am-12pm

Altar de Dios. First Southern Baptist Church

13261 Glenoaks Blvd.
Sylmar, CA 91342
(818) 367-2362

Hours:

Wednesdays and Fridays:12-5pm

The House

18515 Sherman Way (Rear)
Reseda, CA 91335
(818) 631-2741

Hours:

4th Saturday from 9:30 am -11:00 am

Valley Korean UMC

10408 Balboa Blvd. Granada Hills, CA 91344
(818) 366-0089

Hours: 1st Friday of every month 4:00 pm - 5:00 pm

St Andrew & St Charles Episcopal Church

16651 Rinaldi St.
Granada Hills, CA 91344
(818) 366-7541

Hours:

Thursdays 9:30-10:30 am

SOVA Food Pantry

16439 Vanowen St
Van Nuys, CA 91406
(818) 988-7682

Services: Once a month food & clothing distribution and legal services. Clients will receive up to one week worth of food including: chicken and non perishables. They also have a person from the county to help apply to Medical and CalFresh.

Additional Information:

Please walk-in early to conduct and intake and find out if you are eligible for services. You must have an ID and utility bill to prove address.



Cities that qualify: San Fernando, Pacoima, Sylmar, Reseda, and North Hills.
(Cities that *do not* qualify to receive services: Sun Valley, Santa Clarita, Burbank, Glendale, Sunland Tujunga, Antelope valley)

Legal Services: Lawyers come in twice a month and assist with cases regarding rent and evictions.

HOUSING/SHELTERS

FamilySource Center/ New Economics for Women

6946 Van Nuys Blvd Suite 220

Van Nuys, CA 91405

(818) 786-4098

hcidla.lacity.org

Services: Housing, health, financial security, and other specialized services.

Additional Information: Please bring proof of identification card and proof of income.

North Valley Caring Services (NVCS)

15453 Rayen St

North Hills, CA 91343

(818) 891-0481

<https://www.nvcsinc.org/programs>

Services: Safe place to sleep in own vehicle overnight, hot breakfast and showers (homeless), food pantry, and linkage to resources. Offers child care resources, after school program, and community events.

Additional Information:

Food Pantry:

Fridays from 10am-12pm; it's first come first. Donations accepted. Bring your own shopping cart.

After School Program:

Tutoring and homework help is provided. Arts and crafts, sports, gardening, and other recreational activities are available for children ages 6-18 years old. Please contact Hilda Obispo at (818) 891-0481, ext. 24 for more information.

The Village Family Services

6801 Coldwater Canyon Ave

North Hollywood, CA 91605

(818) 738-7327/ (818) 755-8786/ (Drop In Center)

thevillagefs.org

Services: Hygiene, life skills, supportive services, and direct access to Valley Community Clinic's Teen Clinic for medical services.

Additional Information: Must be a single youth 18 years or older. Students can walk-in or set-up an appointment with a case manager to conduct an intake. Please bring identification card and social security number.

LA Family Housing

Family

7817 Lankershim Blvd.
North Hollywood, CA 91605

&

Individual

7843 Lankershim Blvd.
North Hollywood
(818) 255-2766

Services: Emergency shelter and supportive services for homeless families, transitional age youth, and veterans.

Additional Information: Please walk-in during the center hours to conduct an intake. (Please bring proof of identification card).

Winter Shelter Hotlines

(800) 548-6047

Services: shelter during the Winter.

211LA\Help

CHILD CARE

LAMC Child Development Center(818) 364-7463

Services: Child care

Child Care Resource Center (CCRC)

20001 Prairie St. Chatsworth 91311
(818) 717-1000

<https://www.ccrcca.org/>

Services: Assistance finding child care.

LEGAL ASSISTANCE

College Culture Reentry Hub (Post-Release Probation)

Collaborative Studies Building, Rm 107
(818) 833-3321

Services: Provide legal representation resources, connecting students to on-campus and community services, help students transition to higher education, and complete academic goals.

Neighborhood Legal Services

13327 Van Nuys Blvd.
Pacoima, CA 91331

1 (800) 433-6251

<https://www.nsls.org/>

Services: Legal representation for housing, health, economic security, and immigration needs.

Additional Information:

Walk-In to conduct an intake and please bring any documentation that can be helpful for the attorney to review for the case.

CHIRLA San Fernando Valley

11243 Glenoaks Blvd. #9

Pacoima, CA 91331

(818) 532-6901

Services: Immigration legal services, DACA renewals, family petitions, asylum requests, and deportation defense.

LGBTQ+

LGBTQ + Proud

6736 Laurel Canyon #200

North Hollywood, CA 91601

(818) 755-8786

<https://www.thevillagefs.org/lgbtq>

Services: LGBTQ support groups and care workshops.

Additional Information:

Support Groups take place every Tuesday from 3:30-5:30pm.

Somos Familia Valle

(818) 428-0120

<https://www.somosfamiliavalle.org/>

Services: The SFV LGBTQ + pride march & conference, LGBTQ + youth council, family acceptance, somos women of color, and queer & transgender men of color.