



What Can I Do With a Major in...

Public Health

What is Public Health?

Public Health promotes and protects the health of people and the communities where they live, learn, work and play. From conducting scientific research to educating about health, people in the field of public health work to assure the conditions in which people can be healthy. That can mean vaccinating children and adults to prevent the spread of disease. Or educating people about the risks of alcohol and tobacco. Public health sets safety standards to protect workers and develops school nutrition programs to ensure kids have access to healthy food. While a doctor treats people who are sick, those working in public health try to prevent people from getting sick or injured in the first place.

Potential Employers

- ❖ Community Centers
- ❖ Rehabilitation Centers
- ❖ School and Universities
- ❖ Clinic and Hospitals
- ❖ Senior Living Homes
- ❖ Social Services Departments
- ❖ Shelters
- ❖ City Halls
- ❖ Prisons and Detention Centers
- ❖ Government Agencies

Possible Job Titles

- ❖ Health Advocate
- ❖ Health & Safety Specialist
- ❖ Diet Counselor
- ❖ Drug Rehabilitation Specialist
- ❖ Domestic Violence Educator
- ❖ Health Journalist

- ❖ Teen Parent Educator
- ❖ Wellness Coordinator
- ❖ Youth and Family Counselor
- ❖ Lactation Consultant
- ❖ Health High School Teacher
- ❖ Sex Educator

- ❖ Rape Prevention Educator
- ❖ Senior Services Coordinator
- ❖ Women's Shelter Director
- ❖ Social Services Coordinator
- ❖ Public Health Inspector
- ❖ Safety Educator

How This Major Helps You Move Forward:

Skills I've Learned in this Major:

- ❖ Ability to Train and Teach Others
- ❖ Dealing with Parents or Guardians
- ❖ Ability to Write and Present Ideas Clearly
- ❖ Ability to Apply Environmental Science to Public Health
- ❖ Policy Analysis
- ❖ Dietary Plan Creation
- ❖ Prepare and Influence Individuals to Make Change

Additional Information can be Found at:

www.assist.org

www.salary.com

www.uncw.edu/career/WhatCanIDoWithaMajorIn.html

www.cacareerzone.org

www.lamission.edu/careercenter

This is **general information**. For specific information on majors and careers please see a counselor in the Career Center – Claudia Ramirez (818) 833-3403; careercenter@lamission.edu

CSU/UC Related Transfer Degree Options

- ❖ CSUN: Public Health BS
Environmental and Occupational Health BS
- ❖ UC San Diego: Global Health BA
- ❖ San Francisco State: Health Education BS
- ❖ CSULA: Public Health BS

Go to www.assist.org to see universities that offer these majors

Graduate Degree Options (MA/MS):

- ❖ CSUN: Public Health: Community and Health Education MPH
- ❖ UCLA: Public Health MPH
- ❖ UCI: Public Health (Emphasis: Environmental Health; Epidemiology; Sociocultural Diversity and Health) MPH

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