



What Can I Do With a Major in... Health Science

What is Health Science...

A program of study that prepares individuals to assume roles as health/wellness professionals in private business and industry, community organizations, and health care settings. Includes instruction in personal health, community health and welfare, nutrition, epidemiology, disease prevention, fitness and exercise, and health behaviors. This major is one, which is dedicated to public service. It depends upon which area of specialization a student chooses, but each is a health service either to individual persons or to communities or other large groups of people. Courses in medicine, math, and other high level study classes will be taken, which require dedicated study. Health sciences majors must be concerned with the well-being of other people, study in these majors normally requires a strong scientific attitude.

Potential Employers:

- ❖ Clinical Practice:
- ❖ Management
- ❖ Education
- ❖ Research
- ❖ Consultation
- ❖ Hospitals
- ❖ Outpatient clinics/private practice
- ❖ Home healthcare agencies
- ❖ Nursing and residential care facilities
- ❖ Sports and fitness facilities
- ❖ Rehabilitation centers
- ❖ Physician offices, particularly orthopedic
- ❖ Hospices
- ❖ Schools
- ❖ Universities and colleges
- ❖ Federal and state government:
- ❖ Department of Defense
- ❖ Public Health Service
- ❖ Veterans Health Administration
- ❖ Indian Health Services

Possible Job Titles:

- ❖ Personal Trainer
- ❖ Health Communicator
- ❖ Registered Health Technician
- ❖ Health information technician
- ❖ Medical Assistant

- ❖ Health Care Facility Supporter
- ❖ Health Information Specialist
- ❖ Medical Secretary
- ❖ Occupational Therapy Assistant
- ❖ Vet Technician
- ❖ Nurse

How This Major Helps You Move Forward:

Skills I've learned in this major:

- ❖ Medical knowledge and healthcare industry insight
- ❖ Hold positions in very different capacities in a wide range of industries
- ❖ Solid background in math, science, communications, and technical skills
- ❖ Be able to communicate effectively
- ❖ Be Organized & Detail-Oriented
- ❖ Be Computer Savvy
- ❖ Need to be ready to solve problems related to patient records or technology

Additional Information can be found at:

www.assist.org
www.salary.com
www.uncw.edu/career/WhatCanIDoWithaMajorIn.html
www.cacareerzone.org
www.lamission.edu/careercenter

CSU/UC Related Transfer majors (BA/BS):

- ❖ **CSUN:** Environmental and Occupational Health B.S. with Industrial Hygiene Option, Health Administration B.S., Public Health B.S.
- ❖ **CSU Dominguez Hills:** Health Science B.S. (with options in Community Health, Health Care Management, Radiologic Technology)
- ❖ **UC Irvine:** Public Health Sciences B.S.
- ❖ ... and more!

Go to www.assist.org to see universities that offer these majors

Graduate Degree Options (MA/MS):

- ❖ **UCLA:** Public Health MPH (with other concurrent degrees)
- ❖ **CSU Long Beach:** Public Health MPH
- ❖ **UCI:** Public Health MPH (Emphases: Environmental Health; Epidemiology; Sociocultural Diversity and Health)

This is **general information**. For specific information on majors and careers please see a counselor in the Career Center – Claudia Ramirez (818) 833-3403; careercenter@lamission.edu