# Spring 2013 Workshop Schedule

**TRIO/STUDENT SUPPORT SERVICES**

Hello, students.

Welcome to Spring 2013! The following is a list of workshops dedicated to supporting your success this Spring semester.

As part of our program, attending these workshops will help you fulfill your 5 semester contacts. Your feedback is very important; please let us know about your experiences of attending these workshops and if there is a particular topic you would like to see in a future schedule.

Good luck this semester! We know you will do great and we look forward to supporting you in your academic success.

~The SSS Team

**WORKSHOP #1:**
**College Skills & Student Success**
This workshop will go over skills such as: note-taking, time management, organization skills, and managing stress, that lead to student success.

**Wednesday, Feb. 20, 2013 @ 3:30p in CSB 208.**
Presented by Christina

**WORKSHOP #2:**
**How to Get Good Grades in College**
This workshop will provide tips and strategies in achieving good grades at the college level.

**Thursday, Feb. 28, 2013 @ 12:00p in CSB 201.**
Presented by Estee

**WORKSHOP #3:**
**Note Taking**
This workshop will go over skills in taking notes during class lectures and when studying at home.

**Monday, March 4, 2013 @ 10:00a in CSB 203.**
Presented by Estee

**WORKSHOP #4:**
**Student Stress Management**
This workshop will go over how to recognize student-stress and techniques to ease and prevent such stress.

**Thursday, March 14, 2013 @ 3:30p in CSB 208.**
Presented by Christina

**WORKSHOP #5:**
**Study Skills & Critical Thinking**

**Tuesday, March 19, 2013 @ 3:00p in CSB 201.**
Presented by Estee

**WORKSHOP #6:**
**Following Your Educational Plan**
This workshop will cover how to understand your Educational Plan, in order to select the courses that will lead you to completing your transfer/Associates Degree.

**Wednesday, April 10, 2013 @ 1:00p in CSB 201.**
Presented by Estee

**WORKSHOP #7:**
**Resume Writing**
This workshop will go over the steps in creating a professional resume as a college student.

**Tuesday, April 16, 2013 @ 4:00p in CSB 208.**
Presented by Estee

**WORKSHOP #8:**
**Career Exploration**
This workshop will go over various careers and how to go about selecting the right one for you.

**Thursday, April 25, 2013 @ 12:00p in CSB 201.**
Presented by Estee

**WORKSHOP #9:**
**College Level Writing**
This workshop will review the essentials of writing at the college level, including structure and content.

**Tuesday, April 30, 2013 @ 4:00p in CSB 208.**
Presented by Christina

**WORKSHOP #10:**
**Test Strategies**
This workshop will review testing strategies to aid in your academic success.

**Monday, May 6, 2013 @ 11:00a in CSB 203.**
Presented by Estee

**WORKSHOP #11:**
**Thinking Critically**
This workshop will review strategies to thinking critically to aid in your writing and study skills.

**Thursday, May 16, 2013 @ 3:30p in CSB 208.**
Presented by Christina

**WORKSHOP #12:**
**Math Anxiety**

**Tuesday, May 21, 2013 @ 4:00p in CSB 201.**
Presented by Estee

**WORKSHOP #13:**
**Research & MLA Skills**
This workshop will go over Basic to Intermediate researching skills for college-level writing. Also, how to properly cite sources in MLA format.

**Thursday, May 6, 2013 @ 3:30p in LRC 234.**
Presented by Christina