



LOS ANGELES MISSION COLLEGE
FOSTER&KINSHIP CARE EDUCATION PROGRAM
CLASSES FOR RESOURCE PARENTS
Fall 2018



WORKSHOP GUIDELINES

- In order to receive a certificate of completion, participants must arrive on time and leave on time. We reserve the right to not issue a certificate to those participants who do not adhere to this policy.
- To avoid workshop cancellation, a minimum of 2 participants must be present at the workshop.
- Workshop topics and location are subject to change without notification.
- The majority of the workshops are for B, D, W, or F rate renewal hours unless otherwise specified.
- Due to the sensitivity of the workshop topics, children cannot attend the workshops at Los Angeles Mission College and childcare is not available. * **However, only Saturday workshops at Penny Lane in North Hollywood** will provide child care activity but you must RSVP one month in advance since space is limited. In order to reserve your child's spot, please contact Gina Romo via email at romog@lamission.edu
- Parking passes must be requested one week prior to the class via email to Estela Miranda at mirande@lamission.edu

September 2018

Initial F-Rate 16 hour Pre-Service Training

Participants must complete the entire **16 hour** training to receive a certificate. This class is **not** part of the renewal training and renewal certificates **are not available** for this series.

The F-Rate Pre-Service class meets four Tuesdays from 6:00 pm-10:00 pm. To register please contact Estela Miranda by October 2, 2018 at (818) 364-7664 or via email at mirande@lamission.edu.



Maintaining Appropriate Records for Your Child

Foster parents will learn filing techniques that can help them organize paperwork for children in their care.

Instructor: Gina Romo
Date: **Thursday, September 6, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: **228**
Renewal: B, D, W, or F

Understanding How a Child Develops

Foster parents will learn that the early years of a child's life are very important for their health and development. Resource parents will learn how to collaborate with health professionals, educators, and others to better help children grow up to reach their full potential.

Instructor: April Jones
Date: **Thursday, September 13, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: **228**
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***What is the Reasonable Prudent Parent Standard?**

Resource parents will learn how to make sensible parental decisions, which allow the foster child in their care to maintain a balanced lifestyle in accordance to the law and prudent parent standards

Instructor: Gina Romo
Date: **Saturday, September 15, 2018**
Time: **9:00 AM - 12:00 PM**
Location: Penny Lane Centers
 10526 Dubnoff Way
 North Hollywood, CA 91606
Renewal: B, D, W, or F



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What is Trauma and How it Impacts Foster Children?

Trauma in early childhood caused by abuse or neglect, witnessing violence, having prolonged separation due to children being in system or loss of a parent. Resource parents will learn how to identify trauma in children who are in their care.

Instructor: Gina Romo
Date: **Thursday, September 20, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: **228**
Renewal: B, D, W, or F

Understanding Trauma Effects

Resource parents will learn the short and long term effects of trauma and how to help children in their care with trauma effects.

Instructor: Gina Romo
Date: **Thursday, September 27, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: **228**
Renewal: B, D, W, or F

October 2018

Building a Safe Place for Children

Resource parents will learn some techniques that will help children in their care build a safe place at their home.

Instructor: Gina Romo
Date: **Thursday, October 4, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: **228**
Renewal: B, D, W, or F

Dealing with Feelings and Behaviors

Resource parents will acquire techniques to help them understand trauma symptoms in children under their care, and help children process their feeling..

Instructor: Gina Romo
Date: **Thursday October 11, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: **228**
Renewal: B, D, W, or F

Foster Youth Educational Rights

Discussion on challenges for students, legislation, and district policy specific to foster youth along with an explanation of the services and responsibilities involved in the new Foster Youth Achievement Bill.

Instructor: April Jones
Date: **Thursday, October 18, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: **228**
Renewal: B, D, W, or F

Preparing Your Foster Youth for Higher Education

(This workshop will be held at Los Angeles Valley College)

This presentation will discuss higher education and the crucial role resource parent's play supporting youth with college. Resource parents will learn the significance of early college exploration and preparation along with the key steps they can take to help youth turn their dreams into degrees. Caregivers can bring their youth a College Fest while they take this workshop. College fest will be held simultaneously in a different classroom. Please call (818)364-7600 x7135 for classroom details.

Instructor: Jessica Petrass
Date: **Saturday, October 20, 2018**
Time: **9:00 AM - 12:00 PM**
Location: **Los Angeles Valley College**
5800 Fulton Ave.
Valley Glen, CA 91401
Renewal: B, D, W, or F



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Connecting and Healing After Trauma

Resource parents will learn strategies to help children who experience trauma heal and build attachments.

Instructor: Gina Romo
Date: **Thursday, October 25, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: Culinary Arts Institute (CAI)
Room: 228
Renewal: B, D, W, or F

November 2018

Come and Learn the Benefits Available After a Foster Youth Ages Out of the Child Welfare System (AB 12)

AB 12 eligibility criteria for Extended Foster Care, the Independent Living Program (ILP) services, supports that are available for youth through each program, and how to help youth access these resources will be discussed. The presentation will also include an overview of the Alliance for Children's Rights' legal services for transition-age youth.

Instructor: Nisha Kashyap, Esq.
Staff Attorney
Alliance for Children's Rights
Date: **Thursday, November 1, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: 228
Renewal: B, D, W, or F

Holding Your Children's Education Rights: Educational Right Holder Roles and Responsibilities (FYAP)

Come learn about what it means to be an educational rights holder and how resource families can support the educational success of students.

Instructor: April Jones, LCSW
Date: **Thursday, November 8, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: 228
Renewal: B, D, W or F

Becoming an Advocate for Foster Children and Youth

From the time they enter the state's care and likely long before, foster youth experience trauma that can severely alter their physical, emotional, and psychological well-being. This workshop will allow resource parents to be motivated to become an advocate for the child or youth in their care.

Instructor: Gina Romo
Date: **Thursday, November 15, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: 228
Renewal: B, D, W, or F

***What Does It Mean To Be Mindful?**

This workshop will expose resource parents to the practice of maintaining a nonjudgmental state of thoughts, emotions, or experiences on a moment-to-moment basis. Resource parents will be given techniques that encourage the practice of mindfulness.

Instructor: Gina Romo
Date: **Saturday, November 17, 2018**
Time: **9:00 AM - 12:00 PM**
Location: Penny Lane Centers
 10526 Dubnoff Way
 North Hollywood, CA 91606
Renewal: B, D, W, or F

No workshop on November 22nd





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Taking Care of Yourself

Resource parents will acquire some tools to help them take care of themselves.

Instructor: Gina Romo
Date: **Thursday, November 29, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
13356 Eldridge Ave.
Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: **228**
Renewal: B, D, W, or F

- *Interested in Becoming a Foster or Adoptive Parent (Resource Parent)
Please call: 1-888-811-1121*
- *If you are interested in taking the W, D or F Rate Pre-Service training, please contact Estela Miranda at (818) 364-7664 or via email at mirande@lamission.edu to register*
- *If you have a foster youth in your home who is a student at Los Angeles Mission College or wishes to apply for college, please contact Anabel Diaz at (818) 364-7600 x7135 or via email at DiazA2@lamission.edu, so they can receive more information and/or join our Guardian Scholars Program*

December 2018

How to Cope with Sibling Conflicts

Resource parents will learn effective approaches to handle conflicts with sibling groups at home and at school.

Instructor: Gina Romo
Date: **Thursday, December 6, 2018**
Time: **7:00 PM - 9:00 PM**
Location: Los Angeles Mission College
13356 Eldridge Ave.
Sylmar, CA 91342
Building: **Culinary Arts Institute (CAI)**
Room: **228**
Renewal: B, D, W, or F

The Stages of Grieving

Foster/resource parents will understand the stages of grief. They will also be able to identify and understand how they or a child under their care is feeling when dealing with grief.

Instructor: Maricela Magaña
Date: **Saturday, December 8, 2018**
Time: **9:00 AM - 12:00 PM**
Location: Penny Lane Centers
10526 Dubnoff Way
North Hollywood, CA 91606
Renewal: B, D, W, or F



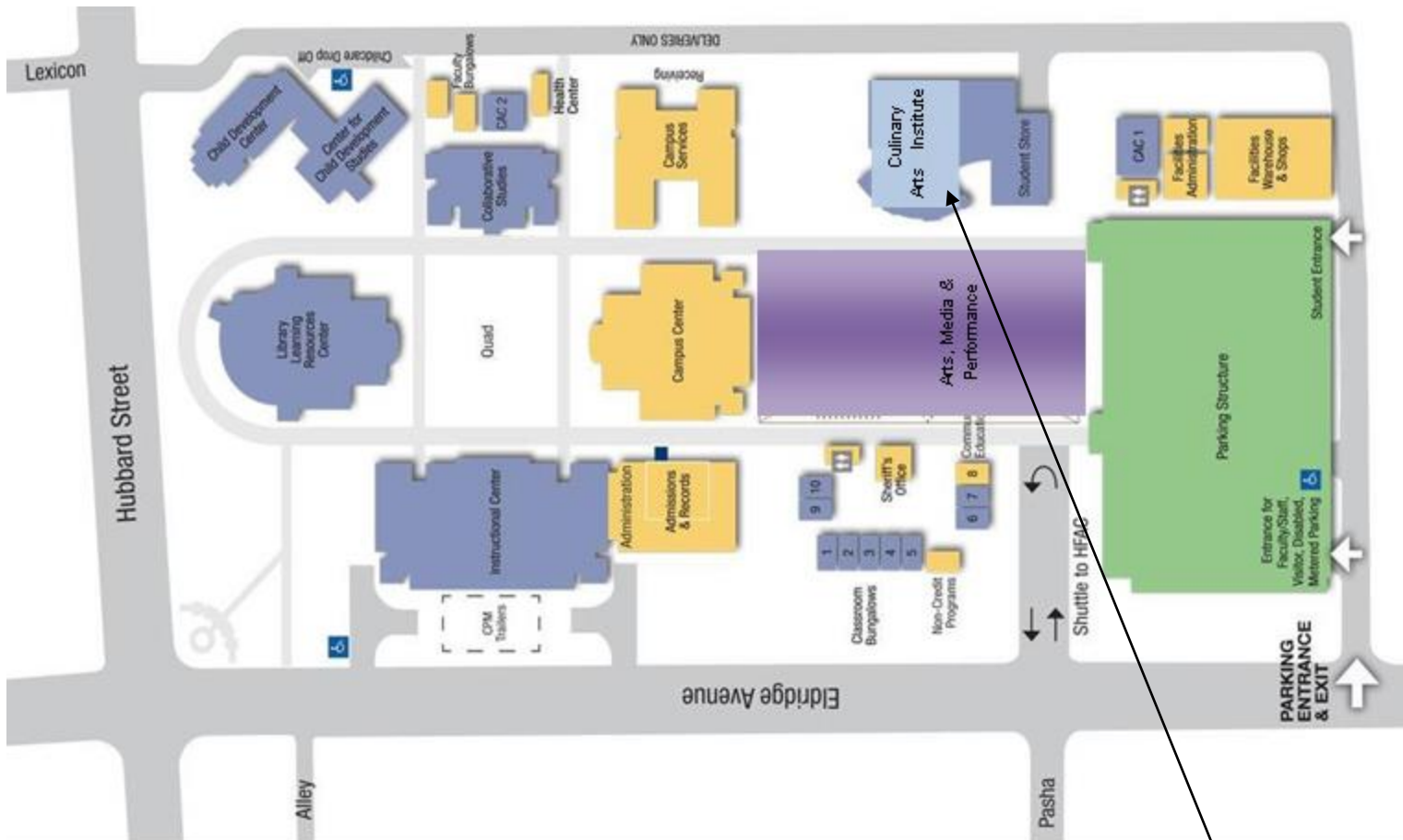


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Parking is available in the structure for students (level 2, 3 or 4) with a valid parking pass. *To receive a parking pass, please contact Estela Miranda via email at mirande@lamission.edu one week prior to the class.*

Favor de estacionar su automóvil en el edificio de estacionamiento en el nivel para los estudiantes (nivel 2, 3 ó 4) y coloque el permiso de estacionamiento en el tablero de su vehículo. *Para obtener un pase de estacionamiento para las clases favor de enviar un correo electrónico a Estela Miranda al mirande@lamission.edu una semana antes de la clase.*



★ Thursday FKCE workshops are located in **Culinary Arts Institute Room 228**