



LOS ANGELES MISSION COLLEGE
FOSTER & KINSHIP CARE EDUCATION PROGRAM
CLASSES FOR RESOURCE PARENTS
Summer 2019



July 2019

WORKSHOP GUIDELINES

- In order to receive a certificate of completion, participants must arrive on time and leave on time. We reserve the right not to give a certificate to those participants who do not adhere to this policy.
- To avoid workshop cancellation, a minimum of two (2) participants must be present at the workshop.
- Workshop topics and location are subject to change without notification.
- The majority of the workshops are for RFA Annual training, B, D, W or F rate renewal hours unless otherwise specified.
- Due to the sensitivity of the workshop topics, **children cannot attend the workshops at Los Angeles Mission College** and childcare is not available.
- Parking passes need to be request **one week prior to the class** via email to (818)364-7600 x7135.

Fostering Secure Attachment

Class will review the basic elements on which attachment is developed; understand the different kinds of attachment, its impact on relationships, and how to assist children to form positive attachments.

Instructor: Alicia Trelles
Date: **Thursday, July 11, 2019**
Time: 7:00 PM - 9:00 PM
Location: **Los Angeles Mission College**
 (L A M C)
 13356 Eldridge Ave.
 Sylmar, CA 91342

Building: **Instructional Building**
Room: **1008**
Renewal Hours: B, D, W, or F

Effects of Trauma on the Brain

Class will review what trauma is and, the different types of trauma and how the children and youth under our care show them acting out. Caregivers will learn the basic functions of the brain. In addition, how trauma influences how a child views his/her world.

Instructor: Alicia Trelles
Date: **Thursday, July 25, 2019**
Time: 7:00 PM - 9:00 PM
Location: **Los Angeles Mission College**
13356 Eldridge Ave.
Sylmar, CA 91342

Building: **Instructional Building**
Room: **1008**
Renewal Hours: B, D, W, or F





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August 2019

Surviving Trauma

Resource Parents will acquire a good understanding of the impact of traumatic experiences on children exposed to trauma and acquire empathic techniques to deal with children exposed to trauma.

Instructor: Alicia Trelles
Date: Thursday, August 8, 2019
Time: 7:00 PM - 9:00 PM
Location: Los Angeles Mission College (L A M C)
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: Instructional Building
Room: 1008
Renewal Hours: B, D, W, or F

How Children Cope with School Stressors

This class will help caregivers learn to recognize the early signs of stress reactions and about healthy stress as well as extreme or chronic stress.

Instructor: Joyce Fox
Date: Monday, August 12, 2019
Time: 6:00 pm - 8:00 pm
Location: 224 North Maclay Street
 San Fernando, CA 91340
Room: Conference room
Renewal: B, D, W, or F

Being Involved in Your Child's Education

Relative caregivers will learn strategies that can be n helpful tips to make the home-school connection as beneficial and rewarding as possible.

Instructor: Joyce Fox
Date: Monday, August 19, 2019
Time: 6:00 pm - 8:00 pm
Location: 224 North Maclay Street
 San Fernando, CA 91340
Room: Conference room
Renewal: B, D, W, or F

Anxiety in Children and Adolescents

Class will provide information on how anxiety develops and influences behavior. Resource parents will develop and practice techniques to reduce anxious behavior in children placed in their care.

Instructor: Alicia Trelles
Date: Thursday, August 22, 2019
Time: 7:00 PM - 9:00 PM
Location: Los Angeles Mission College (L A M C)
 13356 Eldridge Ave.
 Sylmar, CA 91342
Building: Instructional Building
Room: 1008
Renewal Hours: B, D, W, or F

Initial Whole Foster Family Home (W-Rate) 16 hour Pre-Service Training

This training is for resource parents who are caring or wish to care for parenting teens in foster care. Caregivers must complete the entire **16-hour** training to receive a certificate. This class is **not** part of the renewal training and renewal certificates are **not available** for this series.

The W-Rate Pre-Service class meets four Tuesdays from 6:00 pm-10:00 pm. To register please contact the FKCE office at (818) 364-7600 x 7135 before August 23

- *Interested in Becoming a Foster or Adoptive Parent (Resource Parent)? Please call: 1-888-811-1121*
- *If you have a foster youth in your home who is a student at Los Angeles Mission College or wishes to apply for college, please contact Anabel Diaz at (818) 364-7600 x7135 or via email at DiazA2@lamission.edu, so they can receive more information and/or join our Guardian Scholars Program*

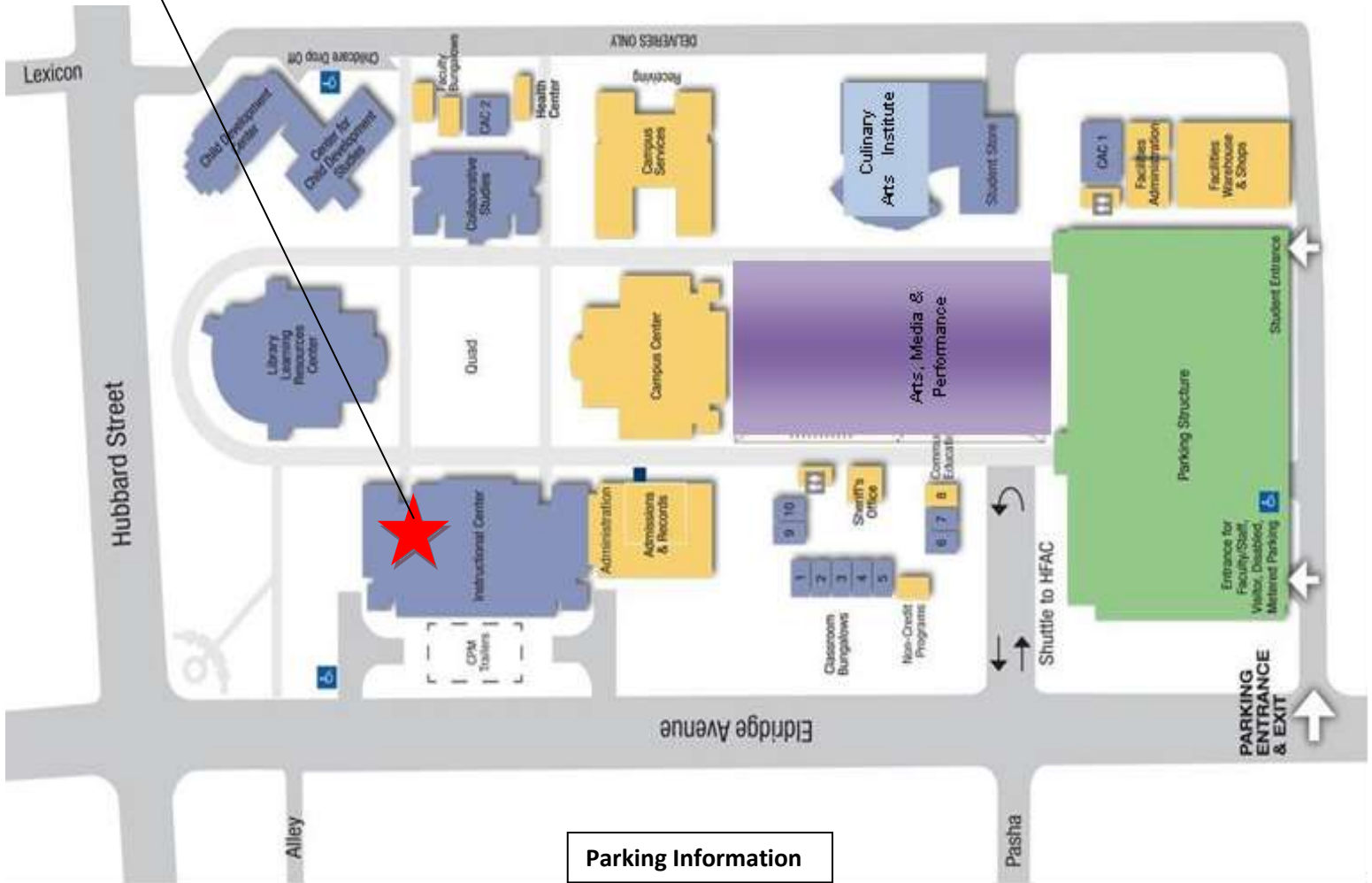




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FKCE Workshops on Thursdays are located in the Instructional Building room 1008



Parking Information

Parking is available in the structure for students (level 2, 3 or 4) with a valid parking pass. **To receive a parking pass, please contact the FKCE office at (818)364-7600 x7135 one week prior to the class.**

Favor de estacionar su automóvil en el edificio de estacionamiento en el nivel para los estudiantes (nivel 2, 3 ó 4) y coloque el permiso de estacionamiento en el tablero de su vehículo. **Para obtener un pase de estacionamiento para las clases favor de llamar la oficina de FKCE al (818)364-7600 x 7135 una semana antes de la clase.**

