Professional and Faculty Development Committee

Minutes

March 12, 2013 1:30-3:00pm, CSB 108

Present: Michael Climo, Stephanie Atkinson-Alston, Maria Granados, Dorothy Mundt, Marie Zaiens, Roula Dakdouk, Patricia Rodriguez, Jesus Sanchez, Suzanne Mignosi, Lilit Haroyan, Aleida Gomez.

A. Approval of February Minutes. The minutes were approved with a few minor corrections.

B. Discussion of committee name and term of faculty co-chair. Motion approved to have the faculty co-chair position be for 3 years with the final year being a transition year to help train the new co-chair.

C. Future Workshops:

1. Classified Appreciation Day It’s all set and ready for the 28th. Musician and food costs.

   Committee approved the purchase of 500 Mission College pins for this event and for Flex Day.

   Motion made to keep the event indoors to reduce costs and work for facilities.

   Singer and pianist will be at the event.

2. Health and Food Expo is now Health Week at LAMC

   Tuesday, April 9, District responsible. Musicians to play background music appreciated.

   Thursday, April 11, The Big Health and Food Expo at LAMC.

   The proposed budget can be large, or small

   1) Miguel Bautista – coming from the Yucatan Peninsula ($500 approved)

      He will conduct workshops on 4/9 & 10 as well as talk and 4/11

      His workshops will be on juicing and dehydrating. They should be popular.

   2) Dr. Hans Diehl from the Complete Health Improvement Project ($1,000). The decision was made to not go forward with having Dr. Diehl come at this time; however, consideration will be given to this for future Health weeks since this is something we have worked on every semester.

      Workshops will be conducted by Chef Eguaras, Dr. Fenton, Michael Bautista, Parthenia Grant, Chef Gilligan, and other faculty or staff on campus.

   3) Food for All in the CAI and outside - $5,000. Since the college does not have enough of a budget to give free food to students on that day, the decision has been made to locate the event in the campus center and once again charge those who attend. Jesus will handle the final costs, but it will be around $15 for faculty / staff / community visitors, and $12 for students.

   4) Community Health Instructors – Bachata, Yoga, Salsa, Zumba ($50-100 per hr)
5) Some Free Tai Chi

6) Sandi Lampert to speak April 10, 12-1pm

"Do you Want to Live a Long and Healthy Life? It is up to you!"

7) Chris Williams Relaxation Workshop: Tuesday, April 9, 1-2pm – Part of Health Week??

Description: Here is a draft of the workshop.

Sit back, close your eyes and take a deep breath.....Gooooo. Do you know how to relax, if not would you like to take twenty minutes to try and rest your eyes, your limbs and to slow down your racing thoughts? If, you’ve answered yes then come to the relaxation workshop and find out how it feels to give your body a reprieve for the stresses of everyday life. Flex credit will be given; now, that you relax you even more!

8) Patricia Rodriguez will offer workshop on raising Healthy Kids on 4/9 3-4pm.

9) Some videos will be shown in the TCR and TVs in the CAI during the week. Marie has Forks Over Knives. We are looking for more.

10) The LRC has some great nutrition software. We wonder if we can get a health instructor to show students how to understand their nutritional intake by using the software. Trainings on how to use this software for students, faculty, and staff are being considered. We would need an instructor who teaches nutrition for this.

3. Student Leadership Workshops:

Leading From the Bottom, Leading From the Middle, Leading by Example

Effective Conflict Resolution

(There is also a plan to create a student leadership course. This would be a credit course. Stephanie has an outline and we will start working on it after accreditation. ASO will provide some input as well.)

4. Workshops on How to Run Meetings: videos – Making Every Minute Count;

Great Meetings to Get Things Done. Michael Climo will facilitate. Probably some time in the fall.

5. David Johnson – This event is also being forwarded to the president for diversity funds. We think it would be great. Publicity will be needed.

Would you like to hear a professional orator present Martin Luther King, Jr’s "I have a dream" as well as provide a wonderful motivational program for the students and workers at LAMC? Well, as a committee, we can organize this event. Over the past few weeks, I have been able to confirm a booking of a great speaker I once had the opportunity to hear. His name is David Johnson. He can come to LAMC on April 16 and April 17. I have asked him to present both at 12-2 pm and 6-8 pm both days. Each day he will present the same material twice, but the
presentation on Tuesday, April 16 would be different from what he would present on Wednesday, April 17. That way both evening and day students can enjoy his presentations.

Just so we call understand the costs as well, he is $1,500 for two days, and I would request the president to use the cultural funds to cover the event. There is approximately $50,000 available for cultural events.

6. EAP Workshops: Diana Bonilla has done a great job of planning 3 workshops. 2 are set.

- Building Successful Teams-APD9021C March 27th from 2-3pm Room: TBD
- Coping with Organizational Change- APD9029- April 30th from 12-1:30pm Room: TBD
- Effective Collaboration-APD9010- May 7th 12-1pm Room: TBD

7. President’s Workshops: No more information given to me at this time.

1. Multi Cultural communication—Co sponsored by the AFT Faculty Guild in late March.
2. Transition of Young Adults with Autism to the Community College- Late April
3. Organizational Culture and Team Work—Early May

8. Armenian Cultural Event – May 7 in the Quad. The event will feature: food booths with kababs, Dolma, Armenian pastries, salads, bread making and more around the quad. There will be 2 key speakers: 1 will be an Armenian priest, discussing Armenian culture and its history, religion, etc. The other will be an Armenian history professor. Michael Long is another possible speaker. We are also looking into bring some dancers (for the evening there could be children) and maybe even some musicians.

The idea is to have the event twice – once from 12-2pm and the other time from 6-8pm. That way both evening and morning students can attend.

9. Other workshops and ideas

April 25, Louis Eguaras will do a presentation on his book: 101 Things I Learned in Culinary School. This will go along with his international tour and will include a book signing, some tasty food, and more.

There has been a request for more Tai Chi classes by those who attended. Mike would like to offer classes somewhat regularly, and is considering his schedule.


And a lot more

Special note:
10. Chinese Cultural Day – Unfortunately, the event that we approved and worked on has to be cancelled this semester. The Chinese orchestra that we were working with can’t make it on the 19th. Dates are being discussed for a Chinese Cultural Event in September now.

The committee did approve this concept; however, we would like a longer dance than the short Lion Dance. Publicity and pre-registration are important for this event.

The basic plan was: Sunday, May 19, 5-8pm
5-6pm, introduction to chinese orchestra and music concert
6-7pm chinese feast - a great dinner of traditional chinese food
7-8pm dancing and artistic drawings with some more music

To lead up to the event, we can host some speakers on Chinese philosophy, have some Tai Chi classes that week, have workshops on Chinese / Asian culinary, workshops on Chinese art, and more. It would be a Chinese Cultural Week at LAMC.