

**Psychology 1****Introduction to Psychology**

Instructor: Heidi Coronado, M.A., M.S., Ph.D.c.

Office Hours: Tuesday 6:15-6:50pm INST Office #28

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**Section # 3296 PSYCH 001 Tuesday 06:50 PM - 10:00 PM [INST 1002](#)**

**Course Description**

This survey course covers an introduction to physiological and theoretical psychology, and the constituent elements of the human decision-making process. Students will become familiar with the major approaches to psychology, including but not limited to: psychological theory, development, the brain and sub-divisions, the nervous system, hypnosis, sleep and dream interpretation, stress and coping, abnormal psychology and mental disorders, sensation and perception. The student will also have an understanding of how the basic functions of the brain and nervous system affect changes in behavior and in mental processes.

**Student Learning Outcomes****SW=Students Will .**

1. SW: Explain and describe one of the four goals of psychology
2. SW: Describe the basic structure and functioning of the brain and nervous system
3. SW: Analyze psychological disorders, their causes and treatment options
4. SW: Compare and contrast two theories of psychological development

In addition students will:

Analyze current theories and research on human behavior

Further understand the many factors that influence behavior and personality

Compare and contrast various theoretical perspectives, learning, personality, developmental and intelligence theories

Understand and analyze experimental and research methodology

Improve analytical and critical thinking ability

These objectives will be accomplished through a combination reading materials, class discussions and assignments, research, videos and examinations.

This syllabus is to be utilized **as a framework or outline** of material that will be covered throughout the semester. The atmosphere I wish to create is one of openness, positivity, creative learning and class participation. During the semester material may be omitted from the syllabus at my leisure, while some material may be covered in depth. I will inform you of ALL material that will be due. If you have any questions, please do not hesitate to ask.

**Required Textbook-**

Psychology 1- *World of Psychology*- Wood- ISBN #0-558-96110

**SUGGESTED READING:**

Csikszentmihalyi, Mihaly *Creativity: Flow and the Psychology of Discovery and Invention*  
Diamond, M., & Hopson, J. (1998). *Magic tress of the mind: How to nurture your child's intelligence, creativity, and healthy emotions from birth through adolescence.*  
Dinkmeyer, D., Dinkmeyer, D., & Sperry, L. (1987). *Adlerian Counseling and Psychotherapy.*  
Padilla, Amado (1994) *Hispanic Psychology: Critical Issues in Theory and Research*  
Lareau, Annette (2003) *Unequal Childhoods: Class, Race and family life*  
Phinney, Jean and Rotheram, Ann (1987). *Children's Ethnic Socialization*  
Blanchard, Ken and Bowles, Sheldon (1998). *Gung Ho!*  
Daniel, Goleman. 2006. *Social Intelligence.*

**Attendance Policy**

Attendance to all scheduled sessions is mandatory. Attendance in all scheduled courses is essential for academic achievement. Perfect attendance – no absences, tardiness or early departures – is encouraged as punctuality develops within you a sense of responsibility that will have a positive impact upon your professional career. Sometimes I will have quizzes at the beginning of each class, if you are late you may miss the quiz and it may impact your class participation grade, please try to be on time. Repeated absences and/or tardiness may lead to a drop of one (1) full letter grade and/or automatic exclusion. **ALL MAKE UP ASSIGNMENTS, IF APPLICABLE, MUST BE APPROVED BY THE INSTRUCTOR.** Attendance and participation will make up twenty percent (30%) of the student's total grade.

Attendance is directly linked with the final grade a student receives in a course-(via class participation/if you are not here, you can't participate). To receive a passing grade in this course, you must maintain 85% attendance or greater. Should absences exceed 15% in this course, you will be either excluded from my class, or you will receive a failing grade for the course. **There will be NO TEXTING IN THIS CLASS!! I will ask you politely to stop text the first time; if I have to ask you again I will drop you from the course or you will receive a failing grade. You are in this class to learn, not to text. Please be respectful and save your texting until after class. Cell phones should be turned off or on vibrate. If you must take a call please do so outside.**

Attendance is taken each day at Mission. You are responsible for notifying me, if you are going to be absent from school. I will excuse (2) absences throughout the semester, anything over (2) absences, and a half a letter grade will be deducted from your grade, so please use them wisely; you never know when an emergency may occur. You are **strongly** encouraged to make non-school personal appointments at times that will not conflict with your scheduled classes. **Respectful treatment for the Professor and your classmates is a must. Please avoid side conversations, if you have any questions please ask me!**

**READING ASSIGNMENTS and CLASS EXERCISES:**

Each student is responsible for all reading assignments whether discussed in class or not. Test questions may be taken from reading assignments, which may not have been discussed in class. Also, various handouts will be distributed throughout the semester in conjunction with various topics and will be discussed in class. These materials may also be included in test questions and final examination questions. **It is each student's responsibility to be prepared to discuss various reading assignments and class materials. Each student will be required to participate in various class exercises including all group activities.** Attendance and Participation are 30% of the student's overall grade.

**GROUP PRESENTATION**

Students will be assigned to a group and will prepare and conduct a 10-15 minute PowerPoint presentation on topic of their choice previously approved by the instructor. The topic must be related to a chapter of the book. Groups must also prepare an outline and a chapter study guide and distribute it in class. Presentation will make up 10% of the students total grade.

**EXAMS**

One (1) midterm and one for a total of 100 points and One (1) final examination worth 200 points. Examinations will constitute 30% of the student's overall grade.

**THEORY ANALYSIS PAPER, RESEARCH PAPER, QUIZZES, WEBSITE ACTIVITIES**

Students will write a paper analyzing and comparing developmental theories. Students will also write a research paper on a Psychology topic of their choice. The research topic must be approved by the instructor. There will be chapter quizzes, analysis and various activities in the class website that will constitute 30% of your grade.

**FINAL GRADE:** Your final grade will be calculated based on the following: Examinations, Attendance, & Class Exercise Participation, Research Paper, Theory analysis paper, Group Presentation, quizzes and course content activities on the class website.

<b>Midterm</b>	<b>100 points</b>
<b>Final</b>	<b>200 points</b>
<b>Research Paper, Quizzes and Course activities (Research, paper analysis, quizzes, website activities,etc.)</b>	<b>300 points</b>
<b>Group Presentation</b>	<b>100 points</b>
<b>Attendance/class participation</b>	<b>300 points</b>
<b>Total</b>	<b>1000 points</b>

**GRADING SCALE**

**A= 90-100%**

**B= 80-89%**

**C=70-79%**

**D=60-69%**

**F=59% or below**

## Plagiarism –This is important

### Plagiarism Defined

Plagiarism means using another person's work, writing, words, ideas, research, graphics, programs, music, pictures, data, and/or other creative expression without giving the other person full credit. You must enclose another person's words in quotation marks and cite your source(s), and you must give citations when using the ideas of another person, even if those ideas are paraphrased in your own words.

Using words, ideas, computer code, or any work by someone else without giving proper credit is plagiarism. Any time you use information from a source, you must cite it.

### Plagiarism and the Internet

The Internet has become a very popular resource for information for student assignments. The same rules regarding plagiarism apply to resources found on the Internet as do to a printed source: when a student refers to work, writing, words, ideas, and the like or quotes from an internet site, he or she must cite that source. Many of the same rules apply when using visual information from an internet site; the source of the visual information or graphic must be cited. This includes definitions found online on Wikipedia, materials from blogs, twitter, or other similar electronic resources.

### Useful Strategies to Avoid Plagiarizing Another Person's Work

If you copy words, sentences, phrases, and the like from a text, put what you copy in quotation marks. This is especially important when you take notes.

If you choose to paraphrase, be certain that you are not just rearranging or changing a few words. A useful technique is:

- a. Read the area you want to paraphrase carefully;
- b. Cover up the text with your hand, or close the book or computer page so you cannot see any of the words;
- c. Write out the idea in your own words without referring back to the words
- d. Check your attempt at paraphrasing against the original text to be sure you have not accidentally used the same phrases or words, and that the information is accurate

At times students accused of plagiarism claim that their plagiarism occurred without their knowledge or intent. Since ignorance of this fundamental rule is not a reasonable defense, it is best to become thoroughly familiar with the various ways in which plagiarism can occur and how to avoid plagiarizing someone's work. If you have any doubts or questions, it is your responsibility to ask your teacher for clarification.

If you are found guilty of plagiarizing, you are subject to disciplinary actions up to and including suspension or termination from the program, so please study and do your best.

**First offense, you will receive a zero for the assignment in question. Any further offenses may result in expulsion from the class, as determined by the disciplinary action from the Office of Student Services.**

Remember: If you plagiarize:

a. You are only cheating yourself b. You don't learn to write out your own ideas or thoughts in your own words, and c. You don't get specific feedback to meet your specific needs.

**Cheating-** unauthorized material used during an examination (including electronic devices), changing answers after work has been graded, taking an exam for another student, forging or altering attendance sheets or other documents in the course, looking at another student's paper/scantron/essay/computer or exam with or without their approval is considered cheating

**Reasonable Accommodations:** If you are a student with a disability and require accommodations, please send me a private email. The sooner I am aware of your eligibility for accommodations, the quicker I will be able to assist the DSP&S Office in providing them. For students requiring accommodations, the DSP&S Office at Mission College provides special assistance in areas like: registering for courses, specialized tutoring, note-taking, mobility assistance, special instruction, testing assistance, special equipment, special materials, instructor liaisons, community referrals and job placement. If you have not done so already, please contact the DSP&S Office in Instructional Building 1018 (phone 818/364-7732 TTD 818/364-7861) and bring a letter stating the accommodations that are needed.

### **Please Note**

- **In order for class to run effectively, turn off cell phones and any electronic devices. Electronic devices ARE NOT ALLOWED IN CLASS.**
- **No Recording devices in the classroom- Section 78907 of the California Education Code prohibits the use of any electronic audio or video recording devices, without prior consent of the instructor. (including cell phones, laptops, MP3 players, and more)**
- **Cheating in any form, including plagiarism will not be tolerated and may result in a failing grade and/or referral to the college disciplinary system.**

Section # 3421

PSYCH 001

Tuesday

06:50 PM - 10:00 PM

[INST 1002](#)**WEEK DATE ASSIGNED CHAPTER(S) and/or CLASS EXERCISES:  
(All dates are approximations and they are subject to change)**

1	8/27	Read Chapter: 1	Introduction to Psychology and Class requirements
2	9/3	Read Chapter: 1,2	Introduction to Psychology and Research Methods
3	9/10	Read Chapter: 2,	Biology and Behavior
4	9/17	Read Chapter: 2,4	Health and Stress States of Consciousness <b>QUIZ CH. 2 Biology and Behavior</b>
5	9/24	Read Chapter: 3,5, 7	Learning , Language, Cognition and Intelligence <b>Creativity Ch. 4 (Consciousness) group presentation</b>
6	10/1	Read Chapter: 5, 7	Learning/Language, Cognition and Intelligence <b>Chapter 5(Learning) group presentation</b>
7	10/8	Read Chapter 6 <b>Read 1,4,5,6,7,12</b>	Memory/Review for Midterm <b>Chapter6 (Memory) group Presentation</b>
8	10/15	Read Chapter: (Chapters 1, 4, 5, 6, 7, and 12)	<b>Read 1,4,5,6,7,12 Midterm Exam</b>
9	10/22	Read Chapter 8,9	Child Development and Adolescence
10	10/29	Read Chapter: 9,10,11	Child Development/ Developmental Theory Analysis Adolescence
11	11/5	Read Chapter 10, 13	Motivation and Personality <b>Chapter 10(Motivation) group Chapter 11 (Human Sexuality and Gender) group presentation</b>
12	11/12	Read Chapter 14,13	Disorders and Personality <b>Chapter 14 (Disorders) Group Presentation</b>
13	11/19	Read Chapter 15	Therapies <b>Chapter 15 (Therapies) group presentation</b>
14	11/26	Read Chapter 16	Social Psychology <b>Research Paper Due</b>
15	12/3	<b>Read 8, 9, 10, 13,15, 16</b>	Social Psychology <b>Chapter 16 (Social Psych.) group presentation</b>
<b>16</b>	<b>FINAL EXAMINATION</b>	<b>12/10</b>	<b>8:00pm (Chapters 8,9, 10, 13, 15, and 16)</b>