

## Persuasive Speech Instructions

### Criteria

- 1- Must use the computer for visuals. You may also include other types of visuals if you wish.
- 2- Use a minimum of three sources besides yourself.
- 3- The sources should be included in the outline, in the works cited page and cited orally as you present your speech.
- 4- Works Cited or Bibliography should be in MLA format. (Deduction of 5 points if not included)
- 5- Must be a topic that is beneficial for individuals on some level.
- 6- Must be legal and ethical.

### Topic Ideas

#### Broad Categories From Which to Choose

Improving one's Health (nutrition, exercise, sleep, emotional well-being)  
Learning about, managing finances (avoiding debt, spending wisely, investing)  
Improving interpersonal relationships  
Improving communication  
Adopting a principle of success (optimism, negotiating, honesty)  
Adopting a principle of happiness (gratitude, laughing, smiling, serving)  
Reading a specific book  
Buying a specific product  
Learning about a new invention  
Volunteering for a specific agency  
Traveling to a specific place  
Learning about a specific person  
Learning about a specific time/event in history

#### Examples of Specific Persuasive Topics

Don't drink soda  
Don't consume high fructose corn syrup  
Carb-cycle to lose weight  
High intensity interval training to burn fat  
Forgive to be happy  
Learn how to use 'I statements'  
Learn how to see another's perspective  
Buy a Bianchi bicycle  
Don't text and drive  
Learn about stocks  
Invest in a Roth IRA  
Start saving now  
Seek first to understand (7 Habits of High Effective People)  
Do an internship in your field  
Learn how to start a conversation

