MISSION COLLEGE
Department of Physical Education
Fall 2012 PE 462-*MODERN DANCE*

Instructor Information
Instructor: Carla Lubow
Office: HFAC 202
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Office Hours: M/W: 1:55 – 2:30PM

Class/Department Information
Course: Modern Dance M/W 10:40AM –12:05PM
Location: HFAC 208
Dept. Phone: 818-364-7600
Dept. Chair: Leslie Milke
Email: milkel@lamission.edu

COURSE OBJECTIVES AND GOALS:

- Identify, recall and demonstrate basic dance skills, including positions, steps, movement vocabulary and terminology presented in class
- Improved flexibility, coordination, posture, alignment, strength, control and stamina
- Practice dance performance skills
- Recognize and employ appropriate body conditioning and fitness concepts
- Greater awareness of the history of dance as it relates to modern and contemporary techniques
- Greater understanding of the fundamental elements of dance: Space, Time, and Energy
- Greater appreciation and enjoyment of dance as both a medium for artistic expression as well as a form of exercise and overall well being

STUDENT LEARNING OUTCOME: At the end of the semester, student will be able to:
-Perform a modern dance phrase while demonstrating proper alignment and technique
-Develop muscular strength, endurance and flexibility through dance movement
-View and critique a dance performance

REQUIREMENTS: No previous experience required. This is a multi-level course designed to meet the needs of both new and experienced dancers. Grades will be determined by an individual's own commitment, progress and development, rather than a specific level of technical achievement. Students who have pre-existing health conditions are advised to inform their instructor. If you have been diagnosed with asthma please inform the instructor and always bring your inhaler to class due to the breathing techniques used in this course.

Appropriate dancewear is mandatory and includes leotards, tights, workout pants, sweatpants, t-shirts, and sports bras. Dress in layers so you can remove clothing as you warm up. Absolutely no street clothes, shoes or socks. Dress so that your body can be seen and the instructor's ability to make individual corrections is not hindered by clothing that does not allow clear visibility of body positions and alignment.

Arrive on time! It is your responsibility to arrive promptly and be prepared to dance. Students can begin doing stretches and warm-up exercises during roll call. If late, please sign in and do your own personal stretches before joining the class.

Student must lock all back packs, purses, cell phones, wallets and all other personal items in their car or use a locker in the locker room. Please provide your own lock, and the lockers are for day use only. Loss of locker keys and/or combinations is student responsibility. Student may also leave bags in cupboards located in the classroom.
NOTE: Mission College is not responsible for items lost or stolen while utilizing the college's facilities. Lockers rooms are located downstairs across from the fitness center.

STUDENT PERFORMANCE, ASSESSMENT AND EVALUATION:

- Class participation
- Participation in fitness measurements
- Movement quiz on warm-up and dance combination
- Compositional projects
- Final Choreography Project

Student Evaluation: Based upon a total of 200 Points:	TOTAL POINTS
Participation - (75%) Each class mtg. is worth 5 points.....150	180 - 200=A -
Skill Development (25%)	160 - 180=B
-Fitness Test 1 & 2.....10	140 -159=C
-Movement Quizzes..... 15	120 -139=D
-Compositional Assignments.....10	Below 120=Fail
-Final Project.....15	
Evaluation Total_____200 Total Possible Points	

Absences may be made up by:
-Attending other dance classes at another school or private studio. Written verification is required and maximum 2 classes (3) hours allowed.
-Attending a professional dance concert and turning in a written review. Maximum of 1 allowed.
- Reading a dance article, book, or viewing a dance video and turning in a written report. Must be pre-approved by instructor. Maximum of 1 allowed.

Course Participation Policy: Students will benefit and excel in this course through actively participating in all activities with positive energy and commitment. Completing all assignments and performing fully on a regular basis will assist in earning a passing grade. Full participation credit will not be given if students arrive late, do not wear the proper dance/exercise attire, and do not remain present for the entire classroom instruction. Arriving late or leaving early will result in a deduction of points. Classroom door will be closed and locked at the start of class. No one will be permitted into class after role call has begun. Do not knock on the classroom door.

GENERAL CLASSROOM POLICIES/PROCEDURES AND ETIQUETTE:

- Bottled water/sports drinks in closed non-glass, spill proof containers are permitted in the studio.
- No food permitted in the dance studio.
- Absolutely no use of personal cell phones is permitted during class. No texting, cameras, video cameras, personal phone calls are allowed. Violation to the policy will result in removal from the class.
- Long hair must be secured so that it will not interfere with or hinder the activity.
- No gum chewing in the dance studio.
- Academic Responsibility: It is the student's responsibility to add, drop, withdraw, register credit/no credit and take care of any other administrative duties in regards to class enrollment. Failure to do so may result in an `F' grade.

Important Dates:

DAY AND EVENING CLASSES BEGIN	August 27
LAST DAY TO ADD	September 07
LAST DAY FOR A REFUND	September 07
LAST DAY TO DROP ONLINE	September 07
LAST DAY TO PETITION FOR CREDIT/NO CREDIT	October 5
LAST DAY FOR A SECTION TRANSFER	November 2
LAST DAY TO DROP WITH A 'W' (IN PERSON)	November 16
LAST DAY TO DROP ONLINE WITH A 'W'	November 18
CLASSES END	December 8
FINAL EXAMS	December 10 – 15
SEMESTER ENDS	December 16

Final for Section #2047/Modern Dance.....Monday, December 10th, 10AM – 12PM

Here are some additional resources on campus that you may find useful:

LAMC Bookstore: For hours of operation, book availability, buybacks, and other information call 818-364-7798 or 364-7768 or visit: http://www.lamissionbookstore.com/
Counseling Department: For appointments and information call 818-364-7655 or visit http://www.lamission.edu/counseling/
Disabled Students Programs and Services: For appointments and information call 818-364-7732 or visit http://www.lamission.edu/dsps/
Extended Opportunity Programs and Services: For appointments and information call 818-364-7645 or visit http://www.lamission.edu/eops/
Financial Aid: For information and applications call 818-364-7648 or visit http://www.lamission.edu/financialaid/
Library: For information on library hours, resources, workshops, and other services contact 818-364-7105 or 364-7106 or http://www.lamission.edu/library/
Tutoring Services in Learning Center: Laboratories for Learning, Writing, Math & Science. Walk-in and appointment services offered. Call 818-364-7754 or visit www.lamission.edu/learningcenter