



SYLLABUS

P.E.322 Volleyball Skills

Instructor: Dorothy Teola

SPRING 2013

Meeting: Saturday HFAC Gym 9:00-11:00 am

E-mail: teoladv@lamission.edu: office: 364-7600x4263

Office hours: Saturday 11:00 am-11:20 am or by appointment HFAC 103

Student Learning Objectives:

- Students will be able to perform the basic skills of passing, spiking and serving.
- Students will be engaged in play that respects the rules and etiquette described by the US. Volleyball Association.
- Students will recognize terminology specific to the sport of volleyball
- Students will improve fitness levels by participating in volleyball drills and play.

Course Objectives:

This course is designed to teach the sport of volleyball. This course acquaints the individual with the rules, skills, and strategy of playing volleyball. Special emphasis is placed on passing, setting, hitting, blocking, and defensive skills. Competitive offensive and defensive strategies are introduced.

Grading

Participation:	26 points/2 points per meeting. 1 point deducted for a tardy of 15 minutes to 30. Over 30 minutes 2 points deducted.
Midterm:	26 points. (Written exam/multiple choice) Rules, court dimensions & areas
Final:	32 points (written exam/multiple choice) Rules & regulations, court dimensions & areas; & etiquette.
Skills Test:	16 points (passing, serving, setting, blocking) 4 points per skill. <ul style="list-style-type: none">• 4 points- great execution of body in relation to the ball and target; good ball control; 5/5x accuracy• 3 points- good skills, good knowledge of body and execution of the skill; 4/5x accuracy• 2 points- attempts to do the skill; knows how the skill is done but can't seem to perform, 3/5x accuracy• 1 point- hard time performing the skill, 1-2/5x accuracy

Skills tests will be evaluated during specified class times. Skills will be evaluated at the beginning of the semester and the end. Grading will be objective based upon students' skill development.

Final Grading:

- A 90-100
- B 80-89
- C 70-79

- D 60-69
- F 59 and less

Important Dates

March 28 - April 5	Spring Break
April 13	Midterm
May 18	Fitness Post-Assessment
June 1st	FINAL EXAM (10-12pm) Gymnasium

No make ups for missed exams, there will be opportunity to make up missed classes and/or tardies. Please speak to the instructor about missed classes.

Students are required to be dressed in exercise clothing (gym shorts, T shirt, and rubber-soled shoes, warm –up sweats). No street clothing allowed.

ADD-DROP Policy: It is the student’s responsibility to follow proper procedures to ensure that they add/drop this PE class correctly. It is not the instructor’s responsibility ...if the student decides to stop attending the class. Check drop deadlines at admissions.

Here are some additional resources on campus that you may find helpful:

LAMC Bookstore: 818-364-7798/818-364-7768;

<http://www.lamissionbookstore.com/>

Counseling Department: 818-364-7655; <http://www.lamission.edu/counseling/>

Disabled Students Programs and Services: 818-364-7732:

<http://www.lamission.edu/dsps/>

Extended Opportunity Programs & Services: 818-364-7645:

<http://www.lamission.edu/eops/>

Financial Aid: 818-364-7648: <http://www.lamission.edu/financialaid>

Library: 818-364-7105 or 364-7106; <http://www.lamission.edu/library/>

HEALTH

VOLLEYBALL MAKE-UPS

Proof must be presented and a small write up in regards to the activity must be submitted. No make-ups after May 31st. This will be discussed in class.

Los Angeles Pierce College- Open Volleyball Sun 5-9pm South Gym \$4.00

El Cariso Community Regional Park- Open Volleyball Wednesdays 700-9:00 pm

2013 MEN'S VOLLEYBALL SCHEDULE- Los Angeles Pierce College

Friday	Mar. 15	El Camino	El Camino	6:00 PM
Wednesday	Mar. 20	Moorpark	Pierce	6:00 PM
Friday	Mar. 22	Santa Monica	Pierce	6:00 PM
Wednesday	Mar. 27	Santa Barbara	Santa Barbara	6:00 PM
Friday	Mar. 29	Long Beach	Pierce	6:00 PM
Wednesday	Apr. 3	BYE		
Friday	Apr. 5	Moorpark	Moorpark	6:00 PM
Wednesday	Apr. 10	El Camino	Pierce	6:00 PM

2013 Men's Volleyball Schedule -Cal State University Northridge

Fri	<u>March</u> 29	at Stanford	*7:00 PM
Sat	30	at Pacific	*7:00 PM
Thu	<u>April</u> 4	at Pepperdine	*7:00 PM
Sat	6	at USC	*7:00 PM
Wed	10	at UC Irvine	*7:00 PM
Sat	13	at Long Beach State	*7:00 PM

USAV Beach Collegiate Challenge/ Women's Beach Volleyball

04/20/13	Dual Competition	Herмосa Beach, Calif.	All Day
04/21/13	Pairs Competition	Herмосa Beach, Calif.	All Day

2012-13 UCLA MEN'S VOLLEYBALL SCHEDULE

04/04/13	vs. Cal-Baptist *	Pauley Pavilion	6:00 p.m. PT
04/06/13	vs. BYU *	Pauley Pavilion	7:00 p.m. PT
04/10/13	vs. Pepperdine *	Pauley Pavilion	7:00 p.m. PT
04/12/13	vs. USC * TV	Pauley Pavilion	7:30 p.m. PT
04/20/13	vs. MPSF Quarterfinals	Campus Sites	TBA
04/25/13	vs. MPSF Semifinals	Campus Sites	TBA
04/27/13	vs. MPSF Championship	Campus Sites	TBA
05/02/13	vs. NCAA Semifinals	Pauley Pavilion	6:00 p.m. PT
	vs. NCAA Semifinals	Pauley Pavilion	8:00 p.m. PT
05/04/13	vs. NCAA Championship	Pauley Pavilion	8:00 p.m. PT