

Los Angeles Mission College
Course Description and Content Outline
Spring 2013

Leslie Milke

Office Hours: TH 12:00-1:00 and Wed 2:30-3:30 or by appointment

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Number and Title of Course : Phys Ed 203 - Section# 2026 - Badminton Skills

Class Description: Students will develop fundamental skill proficiencies and knowledge of rules, strategies, and skill analysis in badminton.

Course Objectives

At the conclusion of the course, the student will be knowledgeable in:

1. The rules and their interpretations: to include scoring, play, game situations and etiquette for players and spectators.
2. Skills that demonstrate ability and execute a variety of strokes.
3. Large group activities and on-court, off-court drills.
4. Strategies of play and drills for singles and doubles play.
5. Types of competition and recreational tournaments.
6. Involvement in competitive play with other class members.
7. Evaluation of knowledge and physical skills
8. Development of fundamental skills, racket control, footwork, and fitness

Student Learning Outcomes

1. **The student will explain and demonstrate the basic strokes used in badminton**
2. **Explain and apply the basic rules of singles and doubles play**

Class Evaluation

Below are the required assignments for this class and the basis for your final grade. We will go over these together in class.

Class Participation

20 points

Regular and punctual attendance is extremely important. Students are responsible for all assignments and materials covered during absences.

Quizzes (3 @ 10 points)

30 points

You will receive notice of all quizzes. Quizzes are comprised of 10 questions related to rules, strategies and skill fundamentals of badminton.

Skills Tests

50 points

You will have the opportunity to take 6 skills tests. I will count your top 5 scores towards your final grade.

Final Exam

50 points

This exam is an objective exam (T/F, Multiple Choice) and will cover all rules and strategies of badminton.

Final Semester Grade

Your final grade will be determined by the following point scale.

Totals

| | |
|---------------------|----------|
| 135-150 | A |
| 120-134 | B |
| 105-119 | C |
| 90-104 | D |
| 103 or below | F |

Before you are allowed to participate in the class you MUST be present for orientation and sign the mandatory waiver form. There are no exceptions.

All class meetings will begin with warm up drills. There will be no play without participating in these warm up activities

Class Information and Management Requirements

Scantrons

You're going to need them for quizzes and Midterm Exam – be prepared!

Cell Phones

Yes, you know the drill...turn them off and PLEASE no texting during class.

Be Punctual

I advise you to arrive on time for class. On the days when we have quizzes, you will not be given that quiz if you arrive after the quizzes have been given out.

Attendance Class Regularly

As this is an activity course, it is extremely important that you attend class regularly to be able to accumulate participation points. Games and tournaments will be disrupted if students have erratic attendance.

Make Up Policy

Generally, there will be few opportunities for make -up tests. Skills test require that students are in attendance. I cannot guarantee to have time to perform make up tests.

Extra Credit

I will strive to uphold my responsibilities for this class and I expect the same of you. Therefore, extra credit opportunities are not offered as part of your final grade. Concentrate on doing your best work in **all** assignments.

Dress Code

All students are required to adhere to the dress code provided in

orientation. No jeans, cargo pants, or street close of any kind. Athletic Wear is mandatory or no participation allowed. **Each student has access to a locker during class time. Please bring your own lock.**

And Finally...

Please attempt to bring your student ID cards to every class meeting.

Here are some additional resources on campus that you may find useful.

- **LAMC Bookstore:** For hours of operation, book availability, buybacks, and other information call 818-364-7798 or 364-7768 or visit: <http://www.lamissionbookstore.com/>
- **Counseling Department:** For appointments and information call 818-364-7655 or visit <http://www.lamission.edu/counseling/>
- **Disabled Students Programs and Services:** For appointments and information call 818-364-7732 or visit <http://www.lamission.edu/dsps/>
- **Extended Opportunity Programs and Services:** For appointments and information call 818-364-7645 or visit <http://www.lamission.edu/eops/>
- **Financial Aid:** For information and applications call 818-364-7648 or visit <http://www.lamission.edu/financialaid/>
- **Library:** For information on library hours, resources, workshops, and other services contact 818-364-7105 or 364-7106 or <http://www.lamission.edu/library/>
- **Tutoring Services in Learning Center:** Laboratories for Learning, Writing, Math & Science. Walk-in and appointment services offered. Call 818-364-7754 or visit www.lamission.edu/learningcenter