

*Los Angeles Mission College*  
*Department of Life Sciences*

FALL 2019

Course Syllabus: Home Health Aide (HHA) - Nursing 399B (2.0 units)

*(Lecture) Class # 10938*

*(Laboratory) Class # 10945*

(Theory) INST 2014

W 11/27, M 12/02 (8:00am - 4:50pm); W 12/04 (8:00am - 12:00noon)

(Clinical) TBA

M 12/09, W 12/11 (8:00am – 4:50pm); W 12/04 (1:00pm – 5:00pm)

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Office hours (by appointment): INST 2015 - **M** and **W** - 5:00 pm- 5:30 pm

**COURSE DESCRIPTION:** Introduces students to the health care field, working with residents/patients in long-term care facilities, the acute care setting and the home care setting. Emphasis will be given to safety principles, infection control, methods for providing physical care, and emotional and social support. Upon successful completion of this course, the student is eligible to apply for certification as a Home Health Aide in the state of California. **Prerequisite: Nursing 399A**

**Textbook:** Nurse Assistant Training-3<sup>rd</sup> Edition (American Red Cross); American National Red Cross (2013)

Published by Krames StayWell Strategic Partnerships Division

ISBN# 978-1-58480-568-7

CHAPTER 22 – PROVIDING CARE FOR PEOPLE IN THEIR HOMES

**COURSE OBJECTIVES:** At the end of this course, the student will be able to understand the goals of the Home Health Care Agency, the role of HHA in providing care in the home or patient's place of residence in a safe and non-threatening manner, and to meet the needs of the patient, according to the set guidelines specifically designed for this course.

**Specific Objectives:**

1. Define and spell the key terms relating to the course topics.
2. Define abbreviations and medical terminology used in the topics.
3. Discuss the legal scope of practice for home health aide.
4. Define the role of the home health aide in the home and/or community setting.
5. Define the home health aide's role in emergencies.
6. Define the role of the Home Health Agency
7. Discuss the laws and regulations (Title 22) pertaining to the role of the home health aide.
8. Define and demonstrate appropriate documentation in the home setting.
9. Discuss legal issues when documenting patient care.
10. Differentiate Certified Nursing Assistant's role from the Certified Home Health Aide's role.
11. Define the function of a hospice, and admission criteria to a hospice.
12. Differentiate hospice care from palliative care.
13. Identify organizational and time management skills, and techniques for managing a work schedule.
14. Discuss how culture, lifestyle, and life experiences of the patient influences the care provided.
15. Identify the symptoms associated with diseases and disorders common in the home-bound patient.
16. Explain the importance of improvising and adapting equipment in the home.

17. Discuss personal care delivery in home care.
18. Describe the key principles of body mechanics.
19. Explain how to adapt body mechanics in the home setting,
20. Identify the purpose of passive and active range of motion for bedbound patients post stroke.
21. Discuss the purpose of the IDT (Interdisciplinary Team)
22. Review the definitions of “CPR”, “DNR” and “advanced directives.”
23. Discuss Dr. Kubler-Ross’ stages of grief.
24. Define Adult Protective Services.
25. Discuss the basic understanding of therapeutic diets.
26. Discuss the importance of fluid balance, and monitoring intake and output.
27. Describe high-risk patients prone to skin breakdown, as well as preventative measures.
28. Define dysphagia, dehydration, enteral feeding
29. Describe fluid restrictions and explain why a client is on it
30. Describe steps to accommodate effective communication with clients who have hearing and speech disorders

**Competencies:** The student is expected to possess basic knowledge, skills good clinical judgments, values and attitude to develop the foundation for the listed program competencies

- a) Adhere to the code of ethical conduct and apply this code to established state and federal regulations, and promote safe and quality care in the home care setting
- b) Understand the importance of collaborating with the interdisciplinary team (IDT) in the provision of care
- c) Demonstrate ability to communicate to immediate supervisor/case manager any unusual occurrences noted in the home or patient’s place of residence during provision of care
- d) Provide professional care and assist patients with activities of daily living in a compassionate manner
- e) Demonstrate confidence in observation and reporting data to the IDT during team conference

**STUDENT LEARNING OUTCOMES (SLO):**

1. Analyze and apply specialized skills in long-term care and home.
2. Assess the environment and apply safe practices to control infection for protection of patients, family members, self, and others.

**METHODS OF INSTRUCTIONS:**

Lecture, videos, group discussion (role play), assignments, quizzes, and Final Exam

**CLASSROOM/LAB DRESS CODE AND GROOMING:**

Please refer to student Handbook

**FOOD, DRINKS AND CELL PHONE POLICIES:**

Food and drinks are NOT allowed during the lecture and lab.

**Cell phones and other communication devices are NOT allowed during the lecture and lab.**

**ATTENDANCE, TARDINESS AND ABSENCES POLICIES:**

Attendance is mandatory and required at all sessions; Be in the classroom on time; Unexcused absences, tardiness or left early will be handled via the LAMC Policy.

**ACADEMIC DISHONESTY:**

Please refer to Student Handbook

## COURSE OUTLINE

TOAL HOURS: 40 HRS (THEORY = 20 HRS / CLINICAL = 20 HRS)

MODULE A – INTRODUCTION TO AIDE AND AGENCY ROLE – THEORY (2 HRS) / CLINICAL (0 HRS)

MODULE B – INTERPRETATION OF MEDICAL AND SOCIAL NEEDS OF PEOPLE BEING SERVED – THEORY (5 HRS) / CLINICAL (0 HRS)

MODULE C – PERSONAL CARE SERVICES – THEORY (5 HRS) / CLINICAL (15 HRS)

MODULE D – NUTRITION – THEORY (5 HRS) / CLINICAL (3 HRS)

MODULE E – CLEANING AND CARE TASKS IN THE HOME – THEORY (3 HRS) / CLINICAL (2 HRS)

1. Regulations/Title 22
2. Role of Agency
3. Role of Home Health Aide (HHA)
4. Differentiate CNA versus HHA Role
5. Admission Criteria- Comprehensive Plan of Care
6. Home Health Nurse Goes to Home to Evaluate Patient's Plan of Care
7. Skilled Nursing Visit/HHA's Assignment and Duties
8. Patient's Rights
9. Time Management and Mileage
10. Completion of Mileage Form and Route Sheet
11. Understanding Basic Cardiac and Respiratory Systems/Normal Versus Abnormal Values
12. Medical Abbreviations
13. Collecting Data on Patient's Level of Consciousness (LOC)
14. Documentation
15. Psychosocial Needs of Patients
16. Cultural Diversity
17. Loss of Independence/ Dr. Kubler-Ross' Stages of Grief
18. Self-Care/ Maintaining Independence
19. Reporting Changes in Patient's Status and Environmental Safety
20. Handling Complaints
21. Patient's Reactions to Disability or Illness
22. Lifestyle- Impact of Disability and/or Illness
23. Transmissible Diseases
24. Nutritional Problems in the Home / Safe Food Handling
25. Medication Administration / Medication Assistance
26. Emergency Procedures
27. Bowel Elimination
28. Urine Elimination
29. Bowel and Urinary Appliances
30. Personal Care
31. Maintaining a Safe and Clean Working Environment in the Home
32. HHA Communication Process with Physical Therapy
33. Skin Integrity
34. Hospice

**GRADING AND EVALUATION:**

Class Participation	15 POINTS
Quizzes X 5 (max 10 points/each)	50 POINTS (100% - 90% = 10 POINTS / 89% - 80% = 7 POINTS / 79% - 70% = 4 POINTS) [* < 70% = 3 POINTS]
Attendance/Participation	10 POINTS
Final exam	25 POINTS
Total = (100 - 90 POINTS = A / 89 - 80 POINTS = B / 79 - 70 POINTS = C / < 70 = FAIL	

The students will be given a short written quiz after completion of each Module. The questions will be taken from the lectures discussed during the class. The final exam will be administered on the last day of the class. There is no state examination. However, a copy of the results of the final examination and competencies will be sent to CDPH in Sacramento, together with the application. The Program Director will pledge that the students completed and passed the final examination and therefore are qualified to get a Home Health Aide Certificate. Anybody who fails to attend a scheduled session will not be allowed to continue the program. This program is only a 40-hour program. The student must attend both theory and clinical as scheduled, in order to pass the course and get the Certification for Home Health Aide, and to be able to practice in State of California.