

LOS ANGELES MISSION COLLEGE
Department of Life Sciences
NURSE ASSISTANT TRAINING PROGRAM
Fall 2019 SYLLABUS

Nursing 399A

(Lecture) Groups 1 – Class # 10797

(Laboratory) Group 1 – Class # 10804

Faculty / Email

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Classroom location (LAMC) INST- 2014 / **Skill Lab location** (LAMC) INST - 2016

Clinical location (Off-Campus)

GROUP 1

The Grove Post Acute Care Center

Classroom and Clinical Hours of Instruction See Detailed

14122 Hubbard Street

Schedule

Sylmar, CA 91342

Course Description

Nurse Assistant Training Program (Nursing 399A; 6 semester units); The course will provide students with an introduction to the health care field, working with residents/patients in the long- term care facility and the acute care setting. Emphasis will be given to safety principles, infection control, methods for providing physical care, and emotional and social support. Upon successful completion of this course, students will be eligible to take the California's Nurse Assistant Certification Examination. Prerequisites: English 21 or ESL 6 & Math 105

STUDENT LEARNING OUTCOMES

- 1) Analyze and apply specialized job skills in long-term care, home, and hospital settings.
- 2) Assess the environment and apply safe practices to control infection for protection of patients, self, and others.
- 3) Interprets HIPAA guidelines for the protection of patient confidentiality and create appropriate actions regarding cultural, ethical, legal and professional nursing values for self and others.

Requirements: Students must attend a mandatory orientation. Students are required to have malpractice insurance and health clearances, including but not limited to a TB test, immunizations, and physical examination. Background clearance via Live Scan Fingerprinting and American Heart Association Health Provider CPR training must be completed. Enrollment may be limited due to health and safety considerations, as well as the constraints of regional planning or legal requirements imposed by statutes, regulations or contracts. Enrollment may also be limited to students meeting pre-requisites established pursuant to Title 5, sections 55200-55202 and Board Rule 8605.

Classroom Rules of Conduct; i.e. Academic Dishonesty

Violations of academic integrity include, but not limited to the following actions: cheating on an exam; working together on an assignment, paper or homework when the instructor specifically stated that students should not do so; allowing another individual to assume one's identity for the purpose of enhancing one's grade.

Please mute/turn off all cell phones and other electronic devices while class is in session. This request will be strictly enforced at all times. Non-compliance can result in dismissal from class and will impact your Letter Grade (up to 5 points will be deducted for each infraction).

Required Texts

Nurse Assistant Training, 3rd Edition (American National Red Cross)
Published by: Krames StayWell Strategic Partnerships Division
ISBN: 978-1-58480-582-3

Teaching Strategies

Lecture, discussion, laboratory exercises and clinical activities are used in the conduct of this course. Student assignments of reading and viewing materials are integral to the instructional process. Role-play will be used to illustrate clinical performance. Student will perform clinic procedures on partners. See also Student Handbook.

Course Evaluation

Students can earn up to 200 points in Nursing 399A. Course Letter Grade will be based on the following point system:

184-200: A

166-183: B

150-165: C

Below 149: F

Quizzes 100 points

Mid-Term Exam 50 points

Final Exam 50 points (students must pass with 75% or higher on Final Exam and demonstrate competency in clinical skill performance to satisfactorily pass this course).

Extra Credit Points Extra credit assignments may be assigned, at the discretion of nursing faculty.

Skill Return-Demonstrations All skills will be evaluated by nursing faculty using a return-demonstration method. "S" Satisfactory=pass; "U" Unsatisfactory=no pass Unsatisfactory clinical skill performance (at clinical facility and/or in skills lab) will result in a deduction of up to 5 points per skill, at faculty discretion, therefore affecting overall Course Letter Grade.

Professionalism, Preparation, Participation and Respectful Attitude

Adherence is expected. At faculty discretion, up to 5 points will be deducted for any non-adherence. Follow-up with Nursing Director, to address conduct issues, will occur.

ABSENCES Students must attend theory (classroom) and clinic (facility) on time, each day as scheduled, including all specialty assignments. Each student must check in with the assigned instructor each session. Students must pass all clinical skill performance evaluations (at a Satisfactory level) in order to pass the entire course. If a student fails clinical and has a passing grade for theory, that student still will receive a grade of "F" / and an "incomplete" for the course.

*****Important to note:** Two (2) times being *late (≥ 10 minutes = *late) will be counted as one (1) absence. Unexcused absences will be handled in accordance with the LAMC Attendance Policy. **Maximum Make-Up Hours:** Only one (1) **8 hr. Lecture** make-up and one (1) **8.0 hr. clinical** makeup are allowed. **Students are not allowed to attend clinical if arriving ≥ 30 minutes late to clinical site.**

Student Learning Objectives

1. Understand the class philosophy, policies and the role of the nursing assistant in long term care facilities.
2. Understand patients' rights in the health care facility as specified in Title 22, California Code of Regulations Section 72527 and in Section 1599.1, 1599.2, and 1599.3 of the Health and Safety Code.
3. Understand principles of effective communication and defense mechanisms, social, cultural factors and attitudes that prevent dialogue.
4. Recognize and demonstrate methods for maintaining a safe environment.
5. Understand and demonstrate the principles of body mechanics in maintaining safety in the work area.
6. Recognize and demonstrate methods used to prevent transmission of disease.
7. Understand and demonstrate skills necessary for basic and safe nursing care.
8. Understand basic anatomy and physiology of the cardiovascular and respiratory systems, and demonstrate the measurement of temperature, pulse, respiration and blood pressure.
9. Understand the basic anatomy and physiology of the neurosensory system.
10. Understand the basic anatomy and physiology of the digestive system.
11. Understand the psychosocial, physical, and recreational needs of geriatric residents with various chronic disorders.
12. Understand and perform documentation methods in the health care facility.
13. Understand the emotional, spiritual and physical needs of the patient and family experiencing the stages of grief and loss.

Important dates (Fall 2019)

August 25, 2019

Fall Residency Determination Date

August 26, 2019

First day Fall 2019

September 02, 2019

Holiday Labor Day COLLEGE CLOSED

September 08, 2019

Last day to add with an add permission

September 08, 2019

Last day to drop class with a refund without incurring fees

5

September 08, 2019

Last day to drop classes without receiving "W" (drop online only)

September 22, 2019

Last day to Pass/No-Pass & Section Transfer

November 01, 2019

Graduation Petition Fall 2019 Deadline

November 11, 2019

Holiday Veteran's Day COLLEGE CLOSED

November 17, 2019

Last day to drop classes with a "W" (Drop online only) A letter grade is required after this date forward

November 28, 2019 - November 29, 2019

Holiday Thanksgiving COLLEGE CLOSED

November 30, 2019 - December 01, 2019

Non-Instructional Days

**DROP CLASSES Must be dropped online via the student portal
Student Portal – mycollege.laccd.edu (Student Information System)**

*NOTE: Short Term and Late Start Classes have different Add & Drop deadlines.
Please check with your instructor.

REMINDER: Course repetition is regulated by state guidelines, limiting students to a maximum of three (3) enrollments in a course, to include both substandard grades and withdrawals, unless otherwise specified in the course description.

If you stop attending a class (or wish to drop a class), YOU MUST DROP THE CLASS YOURSELF.

Failure to do so may result in a grade of "F" in that class.

Life Science Department website: www.lamission.edu/lifesciences

College resources for students

Career Center / Learning Resource Center / Library 222: Offers CV writing workshops: For assistance contact 818-833-3403 or visit <http://www.lamission.edu/Career-Center/Home.aspx>

Library: For information on hours, resources, workshops, and other services contact 818-364-7106 or visit <http://www.lamission.edu/library/>

Tutoring Services in Learning Center: Laboratories for Learning, Writing, Math & Science. Walk-in and appointment services offered. Call 818-364-7754 or visit www.lamission.edu/learningcenter/

Bookstore: For hours of operation, book availability, buybacks, and other information call 818-364-7767 or 7768 or visit <http://www.lamissionbookstore.com/>

Counseling Department: For appointments and information call 818-364-7655 or visit <http://www.lamission.edu/counseling/>

Disabled Students Programs and Services (DSP&S): For appointments, eligibility and information call 818-364-7732 or visit <http://www.lamission.edu/dsps/>

Extended Opportunity Programs and Services (EOPS): For appointments, eligibility and information call 818-364-7645 or visit <http://www.lamission.edu/eops/>

Financial Aid: For information and applications call 818-364-7648 or visit <http://www.lamission.edu/financialaid/>

Detailed Class Schedule (60 hrs. theory, 104 clinical)

Modules / Topics / Hours	Dates	Theory / Clinical	Textbook Reading Quizzes / Exams
<p>Session 1 8:00am – 4:00pm</p> <p>Introduction (Module 1) (2hrs)</p> <p>A. Role and responsibilities of a Certified Nurse Assistant (CNA)</p> <p>B. Title 22, division 5, CCR overview</p> <p>C. Requirements for certification</p> <p>D. Professionalism</p> <p>E. Ethics and confidentiality</p> <p>Patient Rights (Module 2) (3hrs total)</p> <p>A. Title 22</p> <p>B. Health & Safety Code (HSC)</p> <p>C. Code of Federal Regulations (CFR)</p> <p>D. Preventing, recognizing, and reporting Residents' Rights violations (1 hour required for this component)</p> <p>Interpersonal Skills (Module 3) (1hr)</p> <p>A. Communications</p> <p>B. Defense mechanisms</p> <p>C. Sociocultural factors</p> <p>Skills Lab (2hrs)</p>	<p>08/26/19 Monday 8hrs</p>	<p>Orientation/Theory</p>	<p>Canvas: Body Basics Video <u>Reading Apprenticeship:</u> What is your personal reading history? Think about and please share some reading/study techniques that have/have not worked for you. Prepare for Sessions prior to class by exploring & reading your textbook and viewing skill-videos on Canvas. Focus on information that corresponds with Detailed Schedule specifics.</p>

<p>Session 2 8:00am – 4:00pm Interpersonal Skills (Module 3) (1hr) D. Attitudes towards illness/healthcare E. Family interaction</p> <p>Prevention/Management of Catastrophe (Module 4) (1hr)</p>	<p>08/2819 Wednesday 8hrs</p>	<p>Theory</p>	<p><u>Quiz#1</u> <u>(Modules 1 & 2)</u></p> <p><u>Quiz#2</u> <u>(Modules 3 & 4)</u></p>
<p>A. Emergency B. General safety rules C. Fire and disaster plans D. Roles and procedures for the CNA E. Patient safety</p> <p>Body Mechanics (Module 5) (2hrs) A. Basic rules of body mechanics B. Transfer techniques C. Ambulation D. Proper use of body mechanics and positioning techniques</p> <p>Medical/Surgical Asepsis (Module 6) (2hrs) A. Microorganisms B. Universal Precautions (Standard Precautions) C. Principles of asepsis</p> <p>Skills Lab (2hrs)</p>			

HOLIDAY – No Class	09/02/19 Monday	College Closed	College Closed
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<p>Session 3 8:00am – 4:00pm</p> <p>Patient Care Skills (Module 8) (3.5hrs) A. Bathing/Medicinal baths B. Dressing</p> <p>Emergency Procedures (Module 12) (2hrs) A. Signs and symptoms of distress B. Immediate and temporary interventions C. Emergency codes</p> <p>Rehabilitative Nursing (Module 14) (2hrs) A. Promoting patients' potential B. Devices and equipment C. Activities of Daily Living (ADLs) D. Family interactions E. Complications of inactivity F. Ambulation G. Range of motion (Active/Passive) Skills Lab (0.5hr)</p>	09/4/10 Wednesday 8hrs	Theory	
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<p>Session 4 8:00m-4:00pm</p> <p>Patient Care Skills (Module 8) (5hrs)</p> <p>C. Oral hygiene D. Hair care, hair shampoo, medicinal shampoo, nail care, and shaving E. Prosthetic devices F. Skin care including prevention of decubitus ulcers Abuse (Module 17) as per HSC 1337.1 and 1337.3 (3hrs)</p> <p>A. Preventing, recognizing and reporting instances of resident abuse</p>	<p>09/09/19 Monday 8hrs</p>	<p>Theory</p>	<p><u>Quiz# 3</u> (Modules 5 & 6)</p> <p><u>Quiz #4</u> (Modules 12 & 14)</p>
<p>Session 5 8:00am-4:00pm</p> <p>Patient Care Skills (Module 8) (5.5hrs)</p> <p>G. Elimination needs H. Bowel and bladder retraining I. Weighing and measuring the patient</p> <p>Skills Lab (2.5hrs)</p>	<p>09/11/19 Wednesday 8hrs</p>	<p>Theory</p>	

<p>Session 6 8:00am-4:00pm Weights and Measures (Module 7) (1hr)</p> <ul style="list-style-type: none"> A. The metric system B. Weight, length, and liquid volume C. Military time – a 24-hour clock <p>Patient Care Procedures (Module 9) (2.5hrs)</p> <ul style="list-style-type: none"> A. Collection of specimens including stool, urine, and sputum B. Care of patients with tubing to include but not be limited to urinary, gastric, oxygen, and intravenous. This care does not include inserting, suctioning, or changing the tubes. <p>Observation & Charting (Module 15) (4hrs)</p> <ul style="list-style-type: none"> A. Observation of patients and reporting responsibility B. Patient care plan C. Patient care documentation D. Legal issues of charting E. Medical terminology and abbreviations <p>Skills Lab (0.5hr)</p>	<p>09/16/19 Monday 8hrs</p>	<p>Theory</p>	<p><u>Quiz#5</u> <u>(Module 8)</u></p> <p><u>Quiz #6</u> <u>(Module 15)</u></p>
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<p>Session 7 8:00am-4:00pm Patient Care Procedures (Module 9) (4.5hrs)</p> <ul style="list-style-type: none"> C. Intake and Output (I & O) D. Bedmaking and O E. Cleansing enemas and laxative suppositories F. Admission, transfer, discharge G. Bandages and nonsterile dry dressings, including the application of non-legend topical ointments to intact skin surfaces 	<p>09/18/19 Wednesday 8hrs</p>	<p>Theory</p>	<p><u>MIDTERM</u></p>
<p>Skills Lab (3.5hr)</p> <hr/> <p>Session 8 Vital Signs (Module 10) (3hrs) 8:00am-4:00pm</p> <ul style="list-style-type: none"> A. Purpose of vital signs B. Factors affecting vital signs C. Normal ranges D. Methods of measurement E. Temperature, Pulse, Respiration F. Blood Pressure G. Abnormalities H. Recording <p>Death and Dying (Module 16) (2hrs)</p> <ul style="list-style-type: none"> A. Stages of grief B. Emotional and spiritual needs of patient and family C. Rights of the dying patient D. Signs of approaching death E. Monitoring of the patient F. Post mortem care <p>Nutrition (Module 11) (2hrs)</p> <ul style="list-style-type: none"> A. Proper nutrition B. Feeding technique C. Diet therapy 	<p>09/23/19 Monday 8hrs</p>	<p>Theory</p>	<p><u>Quiz #7 (Module 9)</u></p> <p><u>Quiz #8 (Module 10)</u></p>
<p>Skills Lab (1hrs)</p>	<p>-</p>	<p>Theory</p>	<p><u>Quiz #9 (Modules 7 & 16)</u></p>

<p>—</p> <p>Session 9 Long-Term Care Resident (Module 13) (5hrs) 8:00am-4:00pm</p> <p>A. Special needs of persons with developmental and mental disorders including intellectual disability, Alzheimer's disease and related dementias, cerebral palsy, epilepsy, dementia, Parkinson's disease, and mental illness (4hrs)</p> <p>B. Introduction to anatomy and physiology</p> <p>C. Physical and behavioral needs and changes</p> <p>D. Community resources available</p> <p>E. Psychological, social, and recreational needs</p> <p>F. Common diseases and disorders including signs and symptoms</p> <p>Abuse (Module 17) as per HSC 1337.1 and 1337.3 (3hrs) - continued from 9/9/19</p> <p>A. Preventing, recognizing and</p>	<p>09/25/19 Wednesday 8hrs</p>		<p><u>Quiz #10</u> <u>(Modules 11, 13 & 17)</u></p> <p>FINAL EXAM</p>
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Reporting instances of resident abuse			
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<p>(Clinical Shift 1) 7:00am – 11:00am 12:00noon – 4:00pm</p> <p>Facility Tour Medical Surgical Asepsis (Module 6) (8hrs)</p> <ol style="list-style-type: none"> 1. Hand washing 2. Proper handling of linen 3. Universal precautions (gloving, gowning, applying mask) 4. Double bagging trash/waste 	8hrs 09/30/19 Monday 7am-4pm	Clinical	
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<p>(Clinical Shift 2) 7:00am – 11:00am 12:00noon – 4:00pm</p> <p>Practices all previously learned skills plus: Emergency Procedures (Module 12) (1hrs)</p> <ol style="list-style-type: none"> 1. Applying postural supports 2. Applying soft wrist/ankle restraint 3. Heimlich maneuver for the conscious resident 4. Heimlich maneuver for the unconscious resident 5. Positioning of call light <p>Prevention of Catastrophe (Module 4) (1hr)</p> <ol style="list-style-type: none"> 1. Demonstrates fire/disaster procedures 2. Handles O2 safely 3. Use of fire extinguisher <p>Body Mechanics (Module 5) (4hrs)</p> <ol style="list-style-type: none"> 1. Use of gait belt 2. Helping the helpless resident up to the head of the bed with two assistants 3. Turning and positioning the resident (supine, side-lying, use of lift sheet) 4. Assisting transfer from bed to chair or wheelchair 	<p>8hrs 10/02/19 Wednesday 7am-4pm</p> <p>(Continued) 10/02/19 Wednesday 7am-4pm</p>	<p>Clinical</p>	
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<p>5. Assisting transfer from chair or wheelchair to bed</p> <p>6. Mechanical lift</p> <p>Resident's Rights (Module 2) (1hrs)</p> <ol style="list-style-type: none"> 1. Knocks on door before entering 2. Pulls privacy curtains during personal care 3. Keeps resident information confidential 4. Treats resident with respect and dignity 5. Encourages resident to make choices 6. Explains procedure to resident <p>Rehabilitative/Restorative Care (Module 14) (1hr)</p> <ol style="list-style-type: none"> 1. Range of motion 			
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<p>(Clinical Shift 3) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus: Rehabilitative/Restorative Care (Module 14) (7hrs)</p> <ol style="list-style-type: none"> 2. Assisted ambulation of resident with gait belt 3. Assistent the resident to ambulate with walker 4. Assisting the resident to ambulate with cane 5. Rehabilitative devices <p>Patient Care Skills (Module 8) (1hr)</p> <ol style="list-style-type: none"> 1. Back rub 	<p>8hrs 10/07/19 Monday 7am-4pm</p>	<p>Clinical</p>	
<p>(Clinical Shift 4) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus:</p> <p>Patient Care Skills (Module 8) (8hrs)</p> <ol style="list-style-type: none"> 2. Bed bath/partial bath 3. Tub bath 4. Shower 	<p>8hrs 10/09/19 Wednesday 7am-4pm</p>	<p>Clinical</p>	

<p>(Clinical Shift 5) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus:</p> <p>Patient Care Skills (Module 8) (8hrs)</p> <ol style="list-style-type: none"> 5. Assisting with oral hygiene 6. Mouth care of the unconscious resident 7. Denture care 8. Nail Care 	<p>8hrs 10/14/19 Monday 7am-4pm</p>	<p>Clinical</p>	
<p>(Clinical Shift 6) 7:00am – 11:00am; 12:00pm- 4:00pm</p> <p>Practices all previously learned skills plus:</p> <p>Patient Care Skills (Module 8) (8hrs)</p> <ol style="list-style-type: none"> 9. Combing the resident's hair 10. Shampoo of bedridden resident 11. Shampoo with shower or tub bath 12. Medicinal shampoo 	<p>8hrs 10/16/19 Wednesday 7am-4pm</p>	<p>Clinical</p>	
<p>(Clinical Shift 7) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus:</p> <p>Patient Care Skills (Module 8) (8hrs)</p> <ol style="list-style-type: none"> 13. Shaving razor and electric shaver 14. Dressing and undressing the resident 	<p>8hrs 10/21/19 Monday 7am-4pm</p>	<p>Clinical</p>	

<p>15. Changing the clothes of resident with IV.</p>			
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<p>(Clinical Shift 8) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus:</p> <p>Patient Care Skills (Module 8) (8hrs)</p> <ul style="list-style-type: none"> 16. Assist in the use of the urinal 17. Assist in the use of the bedpan 18. Assisting the resident to commode/toilet 19. Bladder retraining 20. Bowel retraining 	<p>8hrs 10/23/19 Wednesday 7am-4pm</p>	<p>Clinical</p>	
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<p>(Clinical Shift 9) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus: (2hrs) Patient Care Skills (Module 8)</p> <ul style="list-style-type: none">21. Perineal care22. Care and use of artificial limbs23. Use and application of splints24. Applying and remove a behind-the-ear hearing aid25. Measure Height of resident in bed26. Weigh patient in bed27. Measure and weigh patient using upright scale <p>Resident Care Procedures (Module 9) (4hrs)</p> <ul style="list-style-type: none">1. Collect and identify specimen (Sputum, urine – clean catch, routine UA, stool)2. Occupied bed making <p>Long Term Care Resident (Module 13) (2hrs)</p> <ul style="list-style-type: none">1. Use of dementia-related communication skills, including listening and speaking strategies.2. Identify your name and purpose of interaction3. Make eye contact at patient's eye level	8hrs 10/28/19 Monday 7am-4pm	Clinical	
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<p>(Clinical Shift 10) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus:</p> <ul style="list-style-type: none"> 3. 4. Unoccupied bed making 5. Administering the commercially prepared cleansing enema 6. Administering enemas – tap water & soap suds Administering laxative suppository 	<p>8hrs 10/30/19 Wednesday 7am-4pm</p>	<p>Clinical</p>
<p>(Clinical Shift 11) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus:</p> <p>Resident Care Procedures (Module 9) (8hrs)</p> <ul style="list-style-type: none"> 7. Empty urinary bags 8. Care of resident with tubing: O2, IV, Gastrostomy, Nasogastric, Urinary catheter 9. Anti-embolic hose, elastic stockings (TED Hose) 	<p>8hrs 11/04/19 Monday 7am-4pm</p>	<p>Clinical</p>

<p>(Clinical Shift 12) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus:</p> <p>Observation and Charting (Module 15) (4hrs)</p> <ol style="list-style-type: none"> 1. Reports appropriate information to charge nurse 2. Documents V/S, ADLs, timely/correctly 	<p>8hrs 11/06/19</p> <p>Wednesday 7am4pm</p>	<p>Clinical</p>	
<ol style="list-style-type: none"> 3. Documents changes in resident's body functions/behavior 4. Participates in resident care planning <p>Weights and Measures (Module 7) (1hr)</p> <ol style="list-style-type: none"> 1. Measuring oral intake 2. Measuring urinary output 3. Documents in military/24hour time <p>Nutrition (Module 11) (3hrs)</p> <ol style="list-style-type: none"> 1. Feeding the resident who is unable to feed themselves 2. Assisting the resident who can feed self 			
<p>HOLIDAY – NO CLASS</p>	<p>11/11/19 Monday</p>		<p>COLLEGE CLOSED</p>

<p>(Clinical Shift 13) 7:00am – 11:00am; 12:00noon 4:00pm</p> <p>Practices all previously learned skills plus:</p> <p>Resident Care Procedures (Module 9) (2hrs)</p> <ul style="list-style-type: none">10. Admitting, transfer and discharge the resident11. Apply nonsterile dressing12. Application of non- prescription topical ointments <p>Vital Signs (Module 10) (6hrs)</p> <ul style="list-style-type: none">1. Measure and record temperature using mercuryfree and electronic devices:<ul style="list-style-type: none">OralAxillaryRectal2. Measure and record pulse:<ul style="list-style-type: none">radial and apical3. Measure and record respiration	<p>8hrs 11/13/19 Wednesday 7am-4pm</p>	<p>Clinical</p>	
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4. Measure and record Blood Pressure: manual (stethoscope and sphygmomanometer) and digital/electronic

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<p>(Clinical Shift 14) 7:00am – 12:00noon</p> <p>Practices all previously learned skills plus:</p> <p>Nutrition (Module 11) (3hrs)</p> <p>3. Verifying that resident has been given correct diet tray</p> <p>4. Use of assistance devices: orthopedic utensils, cups and other devices</p> <p>Long Term Care Resident (Module 13) (2hrs)</p> <p>4. Use of a continuum of verbal and other non-physical techniques such as redirect, for combative patients.</p>	<p>11/18/19 Monday 5hrs</p>	<p>Clinical</p>	
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NURSING 399A (Nurse Assistant Training) 6 Units – Fall 2019

Date	Day	Time	Theory / Clinical	Faculty Name
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08/26/19	Monday	8:00am-4:00pm 8.0hrs	Orientation/ Theory	BELINDA/ARACELY
08/28/19	Wednesday	8:00am-4:00pm 8.0hrs	Theory	ARACELY
09/02/19	Monday	HOLIDAY NO SCHOOL	HOLIDAY NO SCHOOL	HOLIDAY NO SCHOOL
09/04/19	Wednesday	8:00am-4:00pm 8.0hrs	Theory	ARACELY
09/09/19	Monday	8:00am-4:00pm 8.0hrs	Theory	BELINDA

09/11/19	Wednesday	8:00am-4:00pm 8.0hrs	Theory	ARACELY
09/16/19	Monday	8:00am-4:00pm 8.0hrs	Theory	BELINDA
09/18/19	Wednesday	8:00am-4:00pm 8.0hrs	Theory	ARACELY
09/23/19	Monday	8:00am-4:00pm 8.0hrs	Theory	BELINDA
09/25/19	Wednesday	8:00am-4:00pm 8.0hrs	Theory	ARACELY
09/30/19	Monday	8:00am-4:00pm 8.0hrs	Clinical (DAY 1)	CHERYL / BELINDA
10/02/19	Wednesday	8:00am-4:00pm 8.0 hrs	Clinical	ARACELY
10/07/19	Monday	7:00am-4:00pm 8.0hrs	Clinical	CHERYL
10/09/19	Wednesday	7:00am-4:00pm 8.0 hrs	Clinical	ARACELY
10/14/19	Monday	7:00am-4:00pm 8.0 hrs	Clinical	CHERYL
10/16/19	Wednesday	7:00am-4:00pm 8.0 hrs	Clinical	ARACELY
10/21/19	Monday	7:00am-4:00pm 8.0 hrs	Clinical	CHERYL
10/23/19	Wednesday	7:00am-4:00pm 8.0 hrs	Clinical	ARACELY
10/28/19	Monday	7:00am-4:00pm 8.0 hrs	Clinical	CHERYL
10/30/19	Wednesday	7:00am-4:00pm 8.0 hrs	Clinical	ARACELY
11/04/19	Monday	7:00am-4:00pm 8.0 hrs	Clinical	CHERYL
11/06/19	Wednesday	7:00am-4:00pm 8.0 hrs	Clinical	ARACELY

11/11/19	Monday	NO CLASS	HOLIDAY	COLLEGE CLOSED
11/13/19	Wednesday	7:00am-4:00pm 8.0 hrs	Clinical	ARACELY
11/18/19	Monday	7:00am-12N 5.0 hrs	Clinical	CHERYL