Instructor: Marina Sangkavichai M.S.

Meeting time: 10:35-12:00 Tuesdays and Thursdays Room 2001

Phone Number: 818-833-3425

Email: sangkam@lamission.edu

Office hours: By appointment

Course Description: This introductory psychology course covers biological foundations of behavior, various theoretical perspectives including learning, personality and intelligence theories as well as experimental and research methodology.

Course Prerequisite: None

Advisory: English 28 or ESL 8

Required text: Psychology Fourth Edition By: Ciccarelli and White

Objective: Master the process of critical thinking while learning about, relating to, and understanding psychological principles and theories.

Important Dates

August 29, 2016-Day and Evening Classes Begin

August 28, 2016-Deadline to add online

September 9, 2016-Deadline to add full-term 16 week classes in person

September 11, 2016-Drop classes without receiving a “W” with refund (By internet only)

November 20, 2016-Drop classes with a “W”-A letter grade is required after this date forward (By internet only)

November 24-November 30-Thanksgiving Week

December 10, 2016-Last Day of classes for Fall 2016

December 12, 2016-December 17, 2016 Final Exam Week
**Student Learning Outcomes:**

1. Explain and describe one of the four goals of psychology
2. Demonstrate basic knowledge of the parts of the brain and nervous system through an essay quiz
3. Analyze psychological disorders and their causes and treatment options
4. Compare and contrast two theories of psychological development

**Assignments and Grading Criteria**

Three examinations on course lectures and assigned readings (40 points each) for a total of 120 points.

Psychology Question of the Day (60 points) (20 points each!)

Final Research Paper (50 points)

Five Factor Model Personality (You can take the assessment here at this link: https://personality-testing.info/tests/BIG5.php) (20 points)

The Life List aka Carpe Diem Assignment (25 points)

**Total=275 points**

**Tentative Grading Scale**

275-245 A
244-224 B
223-203 C
202-182 D
181-below F

**MISSING ANY ASSIGNMENT WILL SIGNIFICANTLY LOWER YOUR GRADE!**
**Additional Information**

Welcome to Psychology 1! If you’ve ever pondered over the question of why humans do what they do, you are in for a very enlightening experience. Questions such as the following will be discussed:

Why do we need to sleep?

How and why does attraction occur between two individuals?

What do our dreams mean?

How does advertising get you to buy their products?

We will discuss issues like these throughout the semester!

This course will be conducted in a lecture/seminar format. That is, students are responsible for leading class discussions using weekly assigned readings, personal experiences, observations, etc. Attendance and punctuality are very important to succeeding in this class. I usually give out vital information at the beginning of each class session so it is important to arrive on time. The quality of our seminar will depend on you and what you bring to it. To participate fully (1) complete all assigned readings before class (2) complete psychology questions on a consistent basis (3) contribute to class discussions in a respectful manner (4) turn assignments in on time (5) ask questions (6) do the final project

Please do NOT miss class! Participation is important and detailed note taking will help you succeed in this course!

Three unexcused absences will result in your being dropped from the course. Leaving early without notifying the instructor or having side conversations in class is unacceptable. Also, please turn off your cell phones and no text messaging allowed!

If you’re having any concerns or questions, please do not hesitate to come and see me. I am here to help you succeed in this course.

Together we will have a successful semester!

**Assignments in Detail**

**Exams**

Three exams on the assigned readings, and lecture notes will be given. Each exam is worth 40 points which will give you a total of 120 possible points for the semester. A study guide will be given to help you perform successfully.

**NO MAKE UP TESTS WILL BE GIVEN UNLESS PROVIDED WITH DOCUMENTATION. And you only get to makeup ONE exam.**
Psychology Question of the Day

You are expected to write a one page response to a psychology review question posed in class. You will receive a question every week. The question will cover material discussed in class that week. You can use your notes and textbook to help you write a one page, detailed and thoughtful response. Please type and DOUBLE SPACE this assignment. If you miss any of these weekly questions, this will result in FIVE POINTS being subtracted from the total points possible (which is 20 points per weekly packet). Your response should be dated and please copy the question along with your response. This is a very important assignment! It will foster critical thinking skills and will further reinforce what you're learning in class. This assignment is worth 60 points total, 20 points each. Please staple all of your response papers and turn them into me on the dates indicated on the syllabus.

Final Research Project

Your final assignment consists of writing a research paper on any topic within the field of psychology, using APA format. APA format is the format used by the American Psychological Association. APA style consists of the title page, the abstract, the main body of the paper and the reference section where you cite your sources. The internet is full of resources to help you learn how to format in this style so feel free to look them up.

Your paper should be at least 5-10 pages long, double space, in APA format using 12 inch font. Please write about a topic in Psychology that you are interested in exploring or learning more about. Your idea can come in the form of a question and your goal is go out and answer that question with thorough research. A research paper consists of discovering what others have said about the topic and then adding your own research or thoughts to it. This class is about critical thinking so I will allow you to state freely what your ideas are! Please keep the paper academic and formal in its writing style. If you are not sure of your paper, feel free to email it to me three weeks before its due, and I can offer suggestions. Possible topics to write about are the following:

Are people getting addicted to Facebook and social media? How do these social websites influence how people interact and behave?

Do an in-depth study on a famous psychologist like George I. Sanchez, Kenneth Clark, Sigmund Freud, Karen Horney, etc.? Describe their contributions to the field of Psychology? How have their ideas impacted society?

What are some of the risk factors for depression? Explore the potential risks as well as any preventive strategies that can be used.

Compare two different psychological disorders. What are the symptoms of each disorder? How are these disorders diagnosed and treated?

Also go to the following link for more ideas! http://www.buzzle.com/articles/list-of-psychology-research-paper-topics.html

Your research paper is due DECEMBER 8, 2016. It is worth 50 points.
**Five Factor Model**

Go to [https://personality-testing.info/tests/BIG5.php](https://personality-testing.info/tests/BIG5.php) and take the five factor personality test online or take any other Five Factor Model assessment available to you online. Make sure the assessment covers the five dimensions of personality. Print out your results and write a one-two page interpretation. Look at all five dimensions of personality and write whether you agree or disagree with the results and why. You will find this personality assessment to be very interesting. **Due November 15, 2016.**

**Carpe Diem: The Seize the Day Assignment!** I would like for you to create a “Life List” also known as a “Bucket List.” If you are planning on doing this assignment, start as early in the semester as possible! Your first step in creating this list is to get on youtube and watch the Carpe Diem Speech from a movie called “The Dead Poets Society.” Feel free to watch the entire film as it will inspire you! Then compose a list of TEN goals you would like to achieve within the next five years. These goals don’t have to be earth shaking or even risky (like skydiving, unless you’re into that sort of thing!) but a goal that will pull you outside of your comfort zone. Your extra credit assignment is to complete as many of those goals on your list as possible and write a reflection paper on it. Your reflection paper should be at least two pages typed MINIMUM (feel free to write more!) Please be detailed and insightful. Describe how achieving these goals have changed you for the better and what lessons you learned from this experience. This assignment is worth 25 points and will be due on **November 3, 2016.**

**DEPARTMENT POLICIES**

**Cheating**- unauthorized material used during an examination (including electronic devices) changing answers after work has been graded, taking an exam for another student, forging or altering attendance sheets or other documents in the course, looking at another student’s paper/scantron/essay/computer or exam with or without their approval is considered cheating. Any student caught cheating will receive a zero for the assignment/exam and referred to the Department chair and/or Student Services for further disciplinary action.

**Plagiarism**- Plagiarism is defined as the act of using ideas, words or work of another person or persons as if they were one’s own, without giving proper credit to the original sources. This includes definitions found online on Wikipedia, materials from blogs, twitter, or other similar electronic resources. The following examples are intended to be representative, but not all inclusive: (1) failing to give credit by proper citations for others’ ideas and concepts, data and information, statements and phrases, and/or interpretations and conclusions. (2) failing to use quotation marks when quoting directly from, **whether it be a paragraph, a sentence, or a part thereof,** (3) Paraphrasing the expressions or thought by others without appropriate quotation marks or attribution (4) Representing another’s artistic/scholarly works such as essays, computer programs, photographs, paintings, drawings, sculptures or similar works as one’s own. **FIRST OFFENSE, you**
will receive a zero for the assignment in question. Any further offenses may result in expulsion from the class, as determined by the disciplinary action from the Office of Student Services.

**Recording Devices** in the classroom-Section 78907 of the California Education Code prohibits the use of any electronic audio or video recording devices, without prior consent of the instructor. (Including cell phones, laptops, MP3 players, and more).

**Reasonable Accommodations** If you are a student with a disability and require accommodations please send me a private email. The sooner I am aware of your eligibility for accommodations, the quicker I will be able to assist the DSP&S office in providing them. For students requiring accommodations, the DSP&S office at Mission College provides special assistance in areas like: registering for courses, specialized tutoring, note-taking, mobility assistance, special instruction, testing assistance, special equipment, special materials, instructor liaisons, community referrals and job placement. If you have not done so already, you may also wish to contact the DSP&S office in instructional building 1018 (phone number 818-364-7732 TTD and 818-364-7861) and bring a letter stating the accommodations that are needed.

**TENTATIVE COURSE OUTLINE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug 30-Sept 1</td>
<td>Welcome/Syllabus/Icebreakers</td>
</tr>
<tr>
<td></td>
<td>Chapter 1-The Science of Psychology</td>
</tr>
<tr>
<td>Sep 6-8</td>
<td>Chapter 2-The Biological Perspective</td>
</tr>
<tr>
<td>Sep 13-15</td>
<td>Chapter 3-Sensation and Perception</td>
</tr>
<tr>
<td>Sep. 20-23</td>
<td>Chapter 4-Consciousness</td>
</tr>
<tr>
<td>Sep.27-29</td>
<td>Chapter 5-Learning</td>
</tr>
<tr>
<td>Oct.4-6</td>
<td>Chapter 6-Memory</td>
</tr>
<tr>
<td>Oct.11-13</td>
<td>Chapter 8-Development Across the Life Span</td>
</tr>
<tr>
<td>Oct.18-20</td>
<td>Chapter 9-Motivation and Emotion</td>
</tr>
<tr>
<td>Oct. 25-Oct. 27</td>
<td>Chapter 10-Sexuality and Gender</td>
</tr>
<tr>
<td>Nov 1-3</td>
<td>Chapter 11- Stress and Health</td>
</tr>
</tbody>
</table>

*Carpe Diem Assignment Due November 3*
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov 8-10</td>
<td>Chapter 12-Social Psychology</td>
</tr>
</tbody>
</table>
| Nov.15-17    | Chapter 13-Theories of Personality/Five Factor Model Due
| Nov. 15      | **Exam 2-Chapters 8,9,10,11 (Nov. 17)**    |
|              | *Psychology Questions Chapters 8-11 are due! (Nov 17)* |
| Nov. 22      | Chapter 14-Psychological Disorders         |
| Nov. 24      | **Holiday No Class**                       |
| Nov.29-Dec. 1| Chapter 15 –Psychological Therapies       |
| Dec. 6-8     | Review for Final Exam/Film                |
| Dec 15       | **Final Paper Due Dec 8**                  |
|              | **Final Exam Chapters 12,13,14,15**        |
|              | *Psychology Questions Chapters 12 and 14 are due! (Dec 15)* |