

CHALLENGES OF AGING  
FCS 6 Section 3250  
Spring 2013

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Monday 6:50 - 10 pm  
CAI 230

OFFICE HOURS: Monday 6:10 – 6:45 Faculty Office CAI Building

### **STUDENT LEARNING OUTCOMES**

Students will:

1. Visit, observe and report on facilities available for seniors in their community.
2. Compare and contrast theories on adult development and aging

### **COURSE OBJECTIVES**

Students will:

1. Identify physical, emotional, social and intellectual changes during the later stages of the life cycle
2. Examine common stereotypes of the elderly
3. Recognize common life styles, changes of the elderly, and assess the impact of these changes on the individual as well as their family.
4. Evaluate current social policies, programs, and community services for older Americans

### **REQUIRED TEXT:**

**AGING, THE INDIVIDUAL AND SOCIETY, 9<sup>th</sup> Edition**  
**By Susan Hillier/Georgia M. Barrow**

2/4	Introductions & Overview of Course	
2/11	Aging in America Stereotypes & Images	Chapter 1 Chapter 2
2/18	Holiday - No Class	
2/25	Social and Psychological Theories in Later Life Development	Chapter 3
3/4	Physical Health & Well Being Mental Health	Chapter 4 Chapter 5
3/11	Friends, Family & Community	Chapter 6
3/18	Intimacy & Sexuality	Chapter 7
3/25	Work & Leisure	Chapter 8
4/1	Spring Break – No Class	
4/8	<b>Assignment Due</b> Finances & Lifestyles	Chapter 9
4/15	Living Environments	Chapter 10
4/22	The Oldest Old and Caregiving	Chapter 11
4/29	Special problems	Chapter 12
5/6	Women & Ethnic Groups	Chapter 13
5/13	Death & Dying	Chapter 14
5/20	Politics, Policies, & Programs	Chapter 15
5/27	Holiday – No Class	
6/3	<b>Final Test</b>	

#### ASSIGNMENTS:

Due 4/8	Visit one senior housing facility, and one recreational facility which provides services to seniors. Create a written report which discusses visit. See assignment sheet on issues to include in report.	50 points
Due during semester	Prepare a written report on a specific topic relating to senior life as chosen in class. You may use books, pamphlets, community agencies, interviews with professional workers, internet resources, or any additional sources. Please provide a list of your resources as the last page of your report. This topic will also be part of a class discussion.	35 points
During Semester	Complete questions after each chapter. Must be handed in the week we are discussing that chapter.	70 points
	Attendance and class participation	10 points
6/2	Final test	35 points
	<b>TOTAL POINTS</b>	<b>200 points</b>

#### Grading scale:

180-200 points =A  
160-179 points =B  
140-159 points =C  
120-139 points =D

Students with special needs: Any student that needs special considerations is asked to identify their need to the instructor in private by the completion of day 1. Any resulting class performance that may arise for those who do not identify their needs should not expect any special grading consideration.

Please note: This course outline is a guide for the class and may be modified/revised to enhance learning outcomes or by events outside the control of the instructor.

**CHEATING WILL NOT BE TOLERATED.**

**General Grading Guidelines for Written Assignments:**

- An “A” paper is well conceived and executed, demonstrating proper use of written English. The paper fulfills all specific requirements listed.
- A “B” paper may contain some minor grammatical errors. The paper is well organized. The paper fulfills all of the specific requirements listed.
- A “C” paper may contain a few major and or minor grammatical errors. The paper fulfills most of the specific requirements listed.
- A “D” paper reads poorly and contains major and minor grammatical errors. The paper does not fulfill the requirements listed.

**General Grading Guidelines for Oral Assignments:**

- An “Excellent” report includes excellent eye contact, engaging body language, appropriate voice volume and ability to speak without checking notes
- An “Average “ report includes some eye contact, minimal body language, lack of volume and variation in vocal presentation, some reading of notes for presentation.
- A “Poor” report includes no eye contact, distracting body language, poor vocal quality, constant reading of notes for presentation.

**ASSIGNMENT REQUIREMENTS:**

- Put your name, and date at top of assignment page
- All assignments must be created by computer in size 12 font.
- All work must be turned in on the due date. The professor reserves the right to accept or not accept late work. Late assignments will not receive full points.

**MAKE-UP EXAM:** There will be no make-up for the final exam.

**ATTENDANCE POLICY:** Attending class is important for lectures, note taking, class discussion and activities, individual and group class participation, and to successfully complete this class. College policy requires each student to attend class and states that whenever absences “in hours” exceed the number of hours the class meets per week, the student may be excluded from the class by the professor.

Absences may cause the student to be excluded from the class and will adversely affect the student’s final grade because participation points will be lost. Tardiness or leaving class early also affects attendance points---three tardies or leaving class early will equal 1 hour of class.

If you stop attending class during the semester you must officially drop the class through the Admissions Department. If you fail to do this you will receive an “F”.

**ETIQUETTE POLICY:** Use of cell phones, texting, and Ipods in not appropriate for class. Conversations on the phone must take place outside the classroom. Private conversations between students in class are disruptive and disrespectful to the entire class and will not be tolerated.

**CLASS DISCUSSION AND QUESTIONS ARE WELCOMED AND ENCOURAGED!**

**VISIT TO SENIOR HOUSING & RECREATIONAL FACILITY:**

1. Each report is separate and must include the name of the location, the city where it is located, and a general overview of the size (you can list small facility, medium facility or large facility if the exact numbers of occupants are not available)
2. Observe who, what, where, when and how, meaning what are you seeing and hearing at the location.
3. Indicate the type of activities that normally occur at this location during its operating hours.
4. Your general impression of the facility, the employees, and the participants.
5. Each report must be computer generated, and approximately 2 pages in length.