

Child Development 10 B HEALTH, SAFETY and NUTRITION - Section # 0175

Spring , 2014B Monday - 8:50 am B 12:10 pm

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Office Location: Center for Child Development Studies BAdjunct Office

Office Hours: Monday 8:30 am, and by appointment.

REQUIRED TEXTS AND MATERIALS:

Aronson, Susan Healthy Young Children

Nasatir, Dorothy Collection of Handouts

CATALOG COURSE DESCRIPTION: (3 units)

Study of the laws, regulations, standards, policies, procedures and early childhood curriculum related to child health, safety and nutrition. The focus will be on planning and program development for all children. First Aid and CPR certificates will be earned.

COURSE OBJECTIVES:

Upon successful completion of this course, the student will be able toYYY:

Examine environmental health and safety risks for children in programs.

Differentiate the characteristics of abuse and demonstrate knowledge of mandated child abuse reporting procedures.

Compare and distinguish common health and safety issues in early childhood settings

Distinguish relationships between health and nutrition.

Analyze the nutritional needs of children at various ages and plan economical and nutritional meals and snacks based on the individual needs of children.

Compare and contrast various health assessment tools and policies.

Identify symptoms of common communicable diseases and other health conditions that affect young children.

Examine current health issues related to children and families.

Relate the value of collaboration with families and health professionals.

Evaluate laws and regulations (e.g., Title 22, Title 5, Fire Code) supporting health, safety, and nutrition in children=s programs.

Design effective strategies for evaluating health and safety policies and procedures.

caregiver=s role and responsibility to model good health, safety and nutrition habits .Plan developmentally appropriate early childhood curriculum on the topics of health, safety, and nutrition for families and all children.

Will identify and describe biological and environmental factors affecting children=s healthy growth and development.	Information Competency (1)	1. Assess Environments/Construct Menus.	
Will identify common childhood illness and protocols for recommended care in the instructional environment.	Global Awareness (7)	Written Examinations and Participation	
	Problem Solving (3)		
	Written and Oral Communication (1)		

REQUIRED ASSIGNMENTS:

All assignments must be typed, or written in ink, on one page only

Two take home mid-terms

Answer 10 to 12 essay questions on each exam, extra credit for extra answers

A final exam (in class)

Summary of total semesters information

Three current events, additional events for extra credit

Paper on Illness and Diseases (Description, symptoms, treatment, well enough for school

Observation/evaluation of a Preschool Site, and a Young Child

(Extra credit)

A summary of information related to CD10 from a magazine article, t.v. program or from internet

Must be current research, from the Young Children=s Parents

It should include the following three sections:

A brief summary

What you learned

Your opinion about the subject.

Attendance and Participation: ✂

- ✂ It is required that you come to class at 8 :50 and attend the whole class, until the end
- ✂ **Coming to class late and leaving early is not considered full class participation**
- ✂ If you cannot attend class for any reason, it is important that you notify me in advance.
- ✂ Class participation is also very important and will influence your grade.
- ✂ It is your responsibility to drop a class, if you are no longer attending the class.
- ✂ Get the name, telephone number; e-mail address of a student to get an update of what you have missed, due to unavoidable circumstances.

INCOMPLETE GRADES

Incomplete grades will be issued at the end of the semester for those students who encounter a personal emergency, family crisis, illness, and other special circumstance. Also the students must at least have completed 75% of class. Incomplete work needs to be turned in before one year. If not turned in within one year a grade will be given for that class.

Extra Credit:

Attendance of Conferences and Workshops. A written report of what you learned must be submitted.

EVALUATION:

The assignments listed are mandatory. Extra credit work, doing extra questions on the exam, plus more current events will add weight to your final grade

GRADING

CPR and First Aid (off campus)	50 points	
School/Child Observation	100 points	500 -400 =A
Exams (2 midterms, 1 final)	100 points	400- 300 =B
Disease/Illness Paper	50 points	300- 200 =C
Participation and Attendance	100 points	
Current events /.Extra credit..	100 points	

Total Possible 500 points

STUDENTS WITH SPECIAL NEEDS:

If you have any health impairments that require medication, or any other disability that might affect your performance in class, and wld like your teacher to make special accommodations, please call our campus Special Services Director, Dr. Rick Scuderi, at 818-364-7734 as soon as possible. He will help you arrange special accommodations for your classes.

CELL PHONES:

Please turn electrical equipment off..

TEACHING STYLE:

Class will consist of lectures, films, videos, small and large group discussions, expert guest lecturers

<u>DATE</u>	<u>TOPIC</u>	<u>ASSIGNMENT</u>
1 February 10	Introduction, Text Syllabus`	Chapter 1
2. February 17	NO CLASS PRESIDENTS DAY	AA
4 February 24	Injuries, Emergencies	Chapter 3 & 4
5 March 3	Nutrition, Meal Planning, Economic, Healthy Meals	Chapter 5, Packet
6 March 10	Diet. Obesity, Happy meal-times	Packet
7 March 17	Pre-schoolers Development, Stress. Positive Discipline	Packet
8 March 24	Children With Special Needs.(Autism) . Special Guest Speaker	Chapter 11 & 12, Packet
9 March 31	NO CLASS...CESAR CHAVEZ DAY	
10 April 7	NO CLASS...SPRING VACATION	
11. April 14	Dental Health, Mental Health	Chapter 7
12 April 21	Sex Education, Physical Activity,	Chapter 6 Packet
13 April 28	Abuse and Neglect Special Guest Speaker	Chapter 13 Packet
14 May 5	Illnesses/ Diseases. Guest Speaker	Chapter 2
15 May 12	Physical Plant, Health/Safety Procedures	Chapter 10
16 May 19	Staffing ,Collaboration of Family & Staff Resources	Chapter 8 & 9
17 May 25	NO SCHOOL MEMORIAL DAY	
18 June 2	Last Class, Final	

The course outline is a guide for the Spring Semester and may be modified/revised to enhance learning outcomes or by events

Assignments are due on or before these dates: If you have any questions, concerns or did not understand any contents of the material please make an appointment to meet with me. I can give you my full attention when I can set aside time.

FIRST MIDTERM	MARCH 17
SECOND MIDTERM	APRIL 21
ILLNESS PAPER	MAY 5
OBSERVATIONS	MAY 19

**OBSERVATIONS OF A PRESCHOOL CHILD AT SCHOOL & SCHOOL SITE
(CALL FOR AN APPOINTMENT....SHOW UP ON TIME....INTRODUCE YOURSELF TO THE
DIRECTOR, AND A QUICK HELLO TO THE TEACHER..)
,(MINIMUM 20 MINUTES)**

FIRST NAME OF CHILD-----

APPROXIMATE AGE-----

GENERAL DISCRPTION-----

ACTIVITIES:

FOLLOWS ADULT INSTRUCTIONS-----

PLAYS WITH OTHERS-----... WHAT ACTIVITY-----

PLAYS ALONE ----- WHAT ACTIVITY-----

DOES OR DOES NOT INTERACT VERBALLY OR NON VERBALLY WITH OTHER CHILDREN

TALKS WITH ADULTS-----

EATING.....DESCRIBE-----

.....

OUTSIDE

HOW HE/SHE USES THE EQUIPENT ----- WHAT ACTIVITIES-----

INTERACTS WITH OTHERS----- DESCRIBE-----

ANY OTHER COMMENTS OR OBSERVATIONS?

OBSERVATION OF PHYSICAL PLANT OF CHILD CARE CENTER

Page 202 to 207 in your text...

(Do the best you can)

Write what you observe...indoors and out...

Look at Chapter 10 in your text, also

HAVE FUN !

CHILD DEVELOPMENT 10 SPRING 2014

(All this information is confidential and will not be shared)

NAME.....

ADDRESS.....

TELEPHONE (HOME).....CELL.....(WORK).....

E-MAIL.....

REASONS FOR ENROLLING IN CD 10.....

.....
.....

HOW MANY UNITS ARE YOU TAKING THIS SEMESTER.....

WHAT CLASSES.....
.....
.....

WHAT CHILD DEVELOPMENT CLASSES HAVE YOU TAKEN.....
.....
.....
.....

HOW MANY HOURS DO YOU WORK OUTSIDE YOUR HOME.....

WHAT IS YOUR WORK.....OCCUPATION.....

WHAT IS YOUR FIRST LANGUAGE.....ANY OTHER.....

DO YOU HAVE ANY SPECIAL NEEDS.....

HOW CAN I HELP YOU.....

ANY OTHER INFORMATION YOU WOULD LIKE TO SHARE WITH ME.....

THANK YOU

COMMON CHILDHOOD ILLNESSES AND DISEASES

ASTHMA

INFECTIOUS CROUP

SEIZURES

DIABETES

SCABIES

MUMPS

PERTUSSIS (WHOPPING COUGH)

RUBELLA (MEASLES)

IMPETIGO

INFLUENZA

GERMAN MEASLES (RUBELLA)

BRONCHIOLITIS

CHICKENPOX

CANIDIDIASIS (THRUSH)

FETAL ALCOHOL SYNDROME

CONJUNCTIVITIS (PINK EYE)

POISON IVY/OAK/SUMAC

LICE (Pediculosis)

HEMOPHILIA

INFECTIOUS DIARRHEA (SHIGELLOSIS)

STREP THROAT

TETANUS

CRADLE CAP

PINWORMS

GIARDIA/ (OTITIS)

JUVENILE RHEUMATOID ARTHRITIS

SICKLE CELL ANEMIA

MENINGITIS

HEPATITIS,B17

**CHOOSE ONE, AND WRITE ABOUT
ITS CHARACTERISTICS,SIGNS
SYMPTOMS,TREATMENT,HOW
IT SPREADS AND WHEN CHILD
CAN RETURN TO SCHOOL**

OR CHOOSE ANOTHER.

