

**Instructor:** Malati Singh  
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**Phone:** 364-7600 Ext. 4361

**Section 0167** Tuesday → 8:50 am – 12:00 pm  
**Section 0168** Friday → 8:50am – 12:00 pm

**Office:**  
**Building** → CCDS  
**Room** → Part-Time Faculty Office

**Office Hours:**  
**Tuesday** → 12:00 – 12:35 pm  
**Friday** → 12:00 – 12:35 pm

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➤ **Subject: Child Growth and Development**

➤ **Text:** Cook, J. L., & Cook, G. (2010). *The world of children*. Boston: Pearson Education, Inc.

➤ **Course Description:**

This course examines the major developmental changes and milestones in children from conception through adolescence in physical, social, emotional, cognitive, and language domains. Emphasis is placed on issues that affect typical and atypical development through the study of theories, research, and child observation.

➤ **Course Objectives:** This course will enable the students to:

- Learn about the developmental processes in children from conception to adolescence.
- Examine the developmental changes during prenatal period (conception to birth).
- Examine the developmental changes in children's physical, cognitive, language, social and emotional domains from birth to adolescence and recognize their interrelatedness.
- Explore the various influences on typical and atypical growth from prenatal period to adolescence.
- Identify the major theories of child development and explain their important concepts.
- Apply child development theories and concepts in child observation.

➤ **Student Learning Outcomes:**

- Students will relate child observations to the four domains of development. (Assignment)
- Students will be able to summarize key concepts of the major theorists and relate them to the domains of development. (Exams)
- Students will analyze the influences that affect typical and atypical development from prenatal growth through adolescence. (Class work /Exam)

➤ **Class Assignments/ Requirements to complete the course:**

- Class work → 25% → Class participation, group discussions, critical thinking.
- Exam I → 12.5%
- Exam II → 12.5%
- Book/Movie Report → 12.5%
- Developmental Observations → 25%
- Final Exam → 12.5%

➤ **Assignments and exams are mandatory. No substitutions will be accepted.**

➤ **Disability Accommodation Statement**

Students with a verified disability who may need reasonable accommodation(s) for this class are encouraged to notify me and contact the DSPS Office or the Office for Special Services as soon as possible. All information will remain confidential.

➤ **District Academic Dishonesty Policy**

Violations of academic integrity include, but are not limited to, the following actions: cheating on an exam, plagiarism, working together on an assignment, paper or project when the instructor has specifically stated students should not do so, submitting the same term paper to more than one instructor, or allowing another individual to assume one's identity for the purpose of enhancing one's grade.

<b><u>Grading Information:</u></b>	<b><u>Total Points = 400</u></b>	<b><u>Final Grade</u></b>
1. Class work → 100 Points		A = 360 - 400
2. Exam 1 → 50 Points		B = 300 - 360
3. Exam II → 50 points		C = 240 – 300
4. Book/Movie Report → 50 points		D = 200 – 240
5. Final exam → 50 points		F = 200 or less
6. Developmental Observations → 100 points		
a. Written Report = 90 points	b. Oral presentation = 10 points	

➤ **Grading Policies:** All written assignments will be graded based on the following criteria:

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|---|--|
| 1. Reflects understanding of the subject material | 2. Complete & without spelling errors          |
| 3. Written according to the guidelines provided   | 4. Original (not downloaded from the internet) |

➤ **Points will be deducted for incomplete assignments, plagiarism, and when not submitted on the specified due date. No Assignment will be accepted after the last class session in May.**

➤ **Class Policies:**

- **Class participation is important and critical.**
- **There will be no make up assignment for missed class work.**
- **All assignments are due on the dates stated in the schedule.**
- **Tardiness and missed class work will lower your grade.**
- **Assignments will not be accepted via e-mail. No exceptions will be made.**
- **Class format:** PowerPoint Lectures, videos & group discussions. I will use **Etudes** course management system to supplement face to face classroom experience!
- The Child Development Department provides **tutoring services**. Phone: → 364-7600 Ext. 7129
- **Reminder → Cell phone usage & texting are absolutely not allowed during class time.**
- Students are requested to refrain from walking in and out of the classroom during class lecture and presentations. Talking with your classmates when the professor/student is speaking has a detrimental effect on students who are paying attention! It distracts!
- **A break is provided around half-time for your comfort and convenience.**
- **Please discuss any concerns with me during my office hour.**
- **Thank you, for your cooperation!**

## The Journey of Childhood: An Overview

This is an exciting and wonderful time to study child development! Child development is a part of human development. It spans the first twenty years of life. The study of child development describes and explains the processes of growth and changes that take place from conception to childhood and adolescence. It gives an understanding of how children grow and change biologically, cognitively, socially, emotionally, behaviorally, and how their language progresses as they mature. Each child is unique. There is tremendous amount diversity in children's development and there are many similarities too!

Children are endlessly fascinating! In children, we have the making of our selves. While observing them, we get glimpses of ourselves. This course is about our history; it is a story of our lives. It helps us understand how we became the way we are and why we are the way we are now. Whether you plan to work with children or not, this course will be useful to all students!

From neurons to culture — the study of child development explains what influences children as they move on in life. Contemporary knowledge generated in fields of human development, psychology, genetics, neuroscience and cultural studies has enhanced our understanding of what development is all about, and how and why it happens. Research in neuroscience is unraveling the mysteries of the brain and throwing new light in understanding Autism, ADHD etc.

Today's children are a part of the digital generation! The digital and social media are changing the culture of societies. The computer and the cell phone with their various applications have a great impact on the lives of children and their education. In this course, we will discuss what is happening today.

Child growth and development (CD1) includes child development theories. The term *development* is a theoretical construct. In this class, we will travel through time, looking at the contributions of many philosophers and scholars from the past to the present – from the psychological insights of Sigmund Freud, Erik Erikson, Jean Piaget, John Watson, B. F. Skinner, and Lev Vygotsky, to the contributions of modern scholars like Urie Bronfenbrenner, Albert Bandura, Abraham Maslow, Howard Gardner and many others. Technically, their theories are their ideas and perspectives. They reflect the culture and scientific progress during their time period. Some of the concepts may be controversial to you. However, their theories and concepts have made significant contributions to our understanding of human development. Child development theories expand our knowledge and enable us to think about childhood and adolescence from a wider perspective.

In my class, I use PowerPoint in my lectures. For your benefit, I use on-line course management system technology to supplement my face to face teaching. You are required to preview lecture outlines before coming to class. In class, you are encouraged to express your viewpoints and give examples. Critical thinking is required, not just memorizing. Reading, reflecting and relating the subject matter to your own experiences will make this course meaningful and easier to remember.

I sincerely hope that after taking this course, you will have a broader understanding of how children grow and develop with an awareness of the diversities and similarities in children's development! Together, we can have a meaningful teaching-learning experience!

- **To succeed in this class →→ Preview, Read, Reflect, Review, Repeat!**
- **There is no shortcut to success but hard work!**
- ~~~~~ Teachers open the door, but you must enter by your self. — *Chinese Proverb*
- ~~~~~ It is never too late to learn. — *English Proverb*

Wk Day	Topic	Reading/Assignment
1 Feb. 05	Syllabus; Introduction; Definitions	Ch. 1
2 Feb. 12	Domains of Development	Ch. 1; Topic Outline
	Heredity & Environment	Ch. 2; Topic Outline
	Culture & Development	Topic Outline
3 Feb. 19	Prenatal Development, Teratogens	Ch. 3; Topic Outline
4 Feb. 26	<b><u>Exam 1</u></b>	<b>Bring a Blue Exam Book</b>
	Guidelines for Book/Movie Report	
5 Mar. 05	Child Development Theories	Ch. 1; Topic Outline
6 Mar. 12	Child Development Theories	Ch. 1; Topic Outline
7 Mar. 19	Review theories	Ch. 1; Topic Outline
8 Mar 26	<b><u>Exam 2</u></b>	<b><u>Bring a Blue Exam Book</u></b>
	Guidelines for Developmental Observation;	
9 Apr. 02	<b>SPRING BREAK</b>	
10 Apr. 09	Physical & Motor Dev. (Neonate; Birth - 10 years)	Ch. 4,7,10 <b><u>Book/Movie Report Due</u></b>
11 Apr. 16	Cognitive & Language Dev. (Birth - 10 years)	Ch. 5,8,11; Topic Outline
12 Apr. 23	Social & Emotional Dev. (Birth - 10 years)	Ch. 6,9,12; Topic Outline
13 Apr. 30	Adolescence (The second decade)	Ch. 13,14,15; Topic Outline
14 May 07	Review Guidelines for Developmental Observations & Final Exam	
15 May 14	Developmental Observations - Presentation	
16 May 21	Developmental Observations - Presentation	<b><u>Due→ Developmental Observations</u></b>
17. May 28	<b><u>Final Exam</u></b> 10:00 am – 12:00 pm	<b>Bring a Blue Exam Book</b>

➤ **Please Note:** → If necessary, this schedule may be modified.

- **Lecture Topics Outlines** are posted on Etudes prior to class meeting.
- **Class discussions:** Discussion topics are announced in class. They could be short or long, and involve critical thinking. There will be no substitute work provided for missed class work.
- It is your responsibility to come to class on time and participate in class discussions.
- **Excessive absences or tardiness will affect your grade!**
- A doctor's note will be required for absence due to medical reasons.
- Assignments are due on the dates stated in the schedule. 5 Points per week will be deducted for delayed submissions. **Assignments will not be accepted via e-mail. No exceptions will be made.**
- If you are unable to complete the course, it is your responsibility drop the class by the drop date.
- **Thank you, for your cooperation!**