



What Can I Do With a Major in... Family and Consumer Studies

What is Family and Consumer Studies...

These programs are designed to prepare individuals for the effective management of family resources, to provide occupational training for people who provide services and goods used by families, or to prepare people for research to discover the changing needs of individuals and families and the means of satisfying those needs. One- and two-year programs offered at Community Colleges emphasize the development of practical skills used in the home or in jobs related to home economics. Bachelor's degree and graduate programs provide a diverse background of knowledge of the needs of people and families, such as nutrition, family relationships, development of children, housing and clothing needs, and the management of resources. Most programs include options for concentrated study in a specialized area of Home Economics, preparing individuals for occupations in educational settings, social service agencies, businesses, and research.

Potential Employers

- ❖ Adoption Agencies
- ❖ Department of Human Services
- ❖ Head Start
- ❖ Recreation Programs
- ❖ Religious Organizations
- ❖ Day Cares
- ❖ Extension Offices
- ❖ Public and Private K-12 School
- ❖ Colleges and Universities
- ❖ Community Centers
- ❖ Youth Centers
- ❖ Family Services agencies/programs
- ❖ Mediation Centers
- ❖ Nursing Homes

Possible Job Titles

- ❖ Apparel designer
- ❖ Apparel production
- ❖ Caseworker
- ❖ Caterer
- ❖ Child Advocate
- ❖ Child Care director
- ❖ Child life specialist
- ❖ Community service worker
- ❖ Consumer Consultant
- ❖ Costume designer

- ❖ Educator
- ❖ Fashion Consultant
- ❖ Food Service Manager
- ❖ Hotel Manager
- ❖ Human Development Consultant
- ❖ Inspector
- ❖ Outreach worker
- ❖ Retail
- ❖ Store Manager

- ❖ Nursing/Retirement Facility Program Director
- ❖ Nutritional Consultant
- ❖ Parent educator
- ❖ Travel Specialist

How This Major Helps You Move Forward:

Skills learned in this major:

- ❖ Develop strong communication skills to deal effectively with parents
- ❖ Demonstrate patience with children and the ability to work well with people of different backgrounds
- ❖ Develop physical stamina to work well with children
- ❖ Develop research and writing skills
- ❖ Obtain experience in advocacy
- ❖ Cross-cultural understanding
- ❖ Insight into group behavior
- ❖ Recognize ethical issues in research
- ❖ Leadership and communication skills
- ❖ Data interpretation

Additional Information can be found at:

www.assist.org

www.salary.com

www.uncw.edu/career/WhatCanIDoWithaMajorIn.html

www.cacareerzone.org

www.lamission.edu/careercenter

CSU/UC Related Transfer majors (BA/BS):

- ❖ **CSUN:** Family and Consumer Sciences BS (Options in Apparel Design and Merchandising; Consumer Affairs; Family Studies; Interior Design; Nutrition, Dietetics, and Food Science; Family and Consumer Science Education)
- ❖ **CSU Fresno:** Family and Consumer Sciences BA (Options in Family Sciences; Fashion Merchandising)
- ❖ ... and more!

Go to www.assist.org to see universities that offer these majors

CSU/UC Graduate Degree Options (MA/MS):

- ❖ **CSU Long Beach:** Family and Consumer Science MA
- ❖ **SFSU:** Family and Consumer Science MA

This is **general information**. For specific information on majors and careers please see a counselor in the Career Center – Claudia Ramirez (818) 833-3403; careercenter@lamission.edu